Tuesday, August 26, 2014

metronews.ca | twitter.com/metrotoronto | facebook.com/metrotoronto

TORONTO metro®

Wednesday's Jackpot
$7,000,000
estimated
LOTTO 649
PLUS A GUARANTEED $1 MILLION PRIZE DRAW
NEWS WORTH SHARING.

SPLIT ENDS GOT YOU AT WITS' END? IT'S NORMAL

BAD HAIR DAYS AREN'T SIMPLE VANITY, SAYS EXPERT — THE ANXIETY IS SOCIOLOGICAL PAGE 16

Cap'n Harper sets sail in the search for sunken ships

PM gets a look at tools being used in the North to locate doomed 1845 voyage PAGE 8

Streets lie still for funeral of Michael Brown

Rev. Al Sharpton addresses more than 4,500 mourners, stresses need for change within police force and the black community PAGE 10

T.O. woman the bystander shot dead in Alta. drive-by

'No connection whatsoever' between the victim and four T.O. suspects, cops say PAGE 4

Ketamine: Party drug, anaesthetic — depression aid?

Emerging treatment. 'Special K' superior in many ways to Prozac and Zoloft, say experts

Patrick Cameron noticed a change in his brain on the third day of his treatment. The morning sun streamed through the trees, and for the first time in a long time, there was space in his thoughts to appreciate it.

"My mind wasn't crowded up," said the 31-year-old Torontonian, who's been dogged by depression since adolescence. "I could just watch it and not have a thud of negative thoughts."

It was a welcome feeling that lingered for days, an elusive turnaround that Cameron credits to the innovative therapy he travelled to New York City to receive: a daily intravenous dose of ketamine, a popular club drug and widely used anaesthetic.

Over the past decade, studies have suggested ketamine — known in party circles as "Special K" — can effectively treat depression, especially when compared with the commonly used serotonin selective reuptake inhibitors (SSRI).

In a 2012 review of this research in the prestigious journal Science, two Yale professors called the treatment "arguably the most important discovery ... in half a century" when it comes to depression.

That's no exaggeration, said Arun Rabindran, a University of Toronto psychiatry professor and chief of mood and anxiety disorders at Toronto's Centre for Addiction and Mental Health (CAMH).

"The data has been building up in the last 10, 12 years," he said. "It's very promising."

As it stands now, Health Canada hasn't licensed the use of ketamine for depression treatment, though there are ongoing clinical studies. That means people like Cameron, who haven't had success with other treatments, have to head south and fork over thousands of dollars.

"I understand the need for caution, because it is a street drug and can be addictive," said Cameron, who paid $3,000 for six IV infusions of the drug. "I'm just worried about access to my treatment."

Regularly prescribed SSRIs, such as Prozac and Zoloft, can take weeks or even months to kick in. Even then, said Rabindran, about 20 per cent of patients don't see any effect from these drugs.

Tripping out

"When someone is going to kill themselves, (the side effects are) a relatively minor problem."

Arun Rabindran, a University of Toronto psychiatry professor and chief of mood and anxiety disorders at CAMH

Ketamine, on the other hand, is quick acting — effects are typically seen within 48 hours — and is proving effective for people resistant to the predominant treatments. Some studies have concluded 50 to 75 per cent of these patients have seen benefits from ketamine, Rabindran said.

In terms of side effects, the primary concern is what Rabindran calls the "relaxed dissociated state" that disappears within a few hours. Essentially, the patient is tripping out.

"When someone is going to kill themselves, this is a relatively minor problem," Rabindran said.

As for Cameron, he said he might return to the U.S. for treatment in a few months.

"This might actually be over," he said. "I might have finally found the answer."

TORSTAR NEWS SERVICE

THEY SAID MY NAME

Bryan Cranston accepts the award for Outstanding Lead Actor in a Drama Series for his role in Breaking Bad at the 66th Annual Primetime Emmy Awards in Los Angeles, Calif., on Monday. The win gave Cranston a tie with four-time best-drama actor Dennis Franz. More Emmy's coverage, page 14.

KEVIN WINTER/GETTY IMAGES

IKEA®

Pg. 217
keeps your wife happy.

The Most Helpful Book in the World is here.

© Inter IKEA Systems B.V. 2014.

Raptors facility OK'd despite Ford's opposition

City hall. Mayor falls short in bid to secure free court time for low-income kids in TCHC housing

Quoted

"You'll bring tears to these kids' eyes when they get to go down on a professional facility."
Mayor Rob Ford

Mayor Rob Ford has lost his attempt to have Maple Leaf Sports and Entertainment give free use of its new Raptors basketball practice facility to kids living in public housing.

Ford made his 11th-hour pitch as council voted 38-2 to give final approval to a deal that would see the sports company build a $30-million facility on city land at no cost to taxpayers in time for the 2016 NBA All Star Game.

Ford wanted the hockey, basketball and soccer empire to donate use of the facility, to be built on a 1.4-acre site at city-owned Exhibition Place, to Toronto Community Housing residents.

The city's parks department will, however, get use of the facility when it's not needed by the Raptors, and Ford was told the city could offer a deal to teams from TCHC buildings.

Under city policy, community groups normally pay $83 an hour to rent quality basketball courts at prime times from the city, and the city could extend that privilege for free.

Ford dismissed this option, saying he wanted MLSE to allocate part of its time for free to TCHC, despite warnings from staff that such a move could scuttle the deal.

Council was told that pursuing such a request could delay finalizing the deal by six months, meaning the project wouldn't be ready for the 2016 All Star Game Toronto will host.

Ford, in a speech to council, stressed that access to the facility could change lives.

"We have to concentrate on the youth in these neighbourhoods and give them the opportunity that everybody else has," he said. "You'll bring tears to these kids' eyes when they get to go down on a professional facility."

Deputy Mayor Norm Kelly opposed Ford's motion, saying there are many poor kids who don't live in TCHC buildings.

"Rather than have a very narrow focus of that definition of needy, we should expand it," Kelly said. "There are lots of kids who are needy."

Council voted 24-15 for Kelly's suggestion that Ford's request go to the city manager for a report. TORSTAR NEWS SERVICE

The big chill

Toronto Maple Leaf Jake Gardiner dumps a Zamboni full of ice water on coach Randy Carlyle Monday for the ALS ice-bucket challenge at the MasterCard Centre for Hockey Excellence. Carlyle accepted the challenge — issued via social media by former Leafs Mikhail Grabovski and Nikolai Kulemin and delivered in person by current Leafs Gardiner and Nazem Kadri. DAVID COOPER/TORSTAR NEWS SERVICE

Finch LRT debated again

Former mayor David Miller refused to talk much about Rob Ford at the 2011 Pride parade Ford skipped. But he couldn't resist a pained jab that had nothing to do with the parade.

Ford, Miller said, should never have cancelled the Finch West LRT.

Miller's initiative to bring 11 kilometres of rapid transit to the bus-dependent low-income corridor was one of his most cherished policy successes. Ford killed it in 2010.

Or so it seemed. In Ford's biggest defeat of the term, in 2012, council voted to stick with light rail on Finch Avenue West and Sheppard Avenue East.

Because this is Toronto, the two lines are now being debated again.

Mayoral candidates Olivia Chow and David Soknacki say they would proceed with the LRTs, which do not require city money. But Ford says he still wants subways. And John Tory, leading in the polls, says the LRTs are not his priorities.

That comment, and Tory's decision to exclude the two lines from his promotional transit maps, has prompted Chow to allege that Tory would delay the projects. It has also raised concerns among LRT supporters that he would grab the $2-plus-billion in provincial and federal money currently dedicated to the two LRTs and use them for his signature transit proposal, an $8-billion surface rail line.

Neither, Tory says, is true.
TORSTAR NEWS SERVICE

Get a Fresh Financial Start
Get Out of Debt Without Bankruptcy Without Loans
SPEAK TO THE Licensed Debt Professionals
FREE CALL
310-9200
(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy
www.DavidSklar.com
David Sklar, CPA, CA, CIRP, Trustee

‘Beautiful soul’ from Toronto killed in Calgary shooting

Innocent bystander. Natasha Farah, 26, remembered as ‘an amazing girl’

JEREMY NOLAIS
Metro in Calgary

Friends describe an innocent bystander gunned down in a weekend Calgary shooting as a people person with a willingness to learn.

Natasha Farah, 26, had only moved to Calgary from Toronto less than a year ago. It’s believed she was out front of the Bronco Smokehouse & Saloon with friends around 3 a.m. Saturday when up to four men pulled up in a vehicle and opened fire.

Farah was struck by a single bullet and died on scene, police said.

Calgary police identified her as the victim Monday and reiterated they do not believe she was the target. Three men were arrested in connection with the shooting and were being questioned at press time. A fourth suspect was still being sought.

Word of Farah’s death shocked family members, who flocked to social media to pray for her.

Rima Hassan, who identified herself as Farah’s stepsister, described her as a “beautiful soul” and requested privacy for her family as they grieve.

Farah graduated from a public relations program at Toronto’s Humber College in 2012 and spent five months as an intern under the wing of Danielle Iversen.

“She was an amazing girl,” Iversen said in an interview Monday. “I enjoyed mentoring her. She actually did care and did everything that I taught her.”

Police said all four suspects were from Toronto, but added, “There is no connection whatsoever between our victim and the suspects.“

Natasha Farah, 26, was killed in a Calgary shooting, police said. FACEBOOK.COM

The suspect police were still seeking is described as a black man around 20 years old who weighs about 160 pounds and is five foot 10 inches tall. He often wears a gold medallion around his neck, police said.

WITH FILES FROM KEN VAN DE WALLE/ FOR METRO IN CALGARY

Ontario

Record number of foreign-trained doctors licensed

More foreign-trained doctors than ever before are being certified to practise medicine in the province, the College of Physicians and Surgeons of Ontario (CPSO) says.

And more certificates — both independent practice certificates and post-graduate certificates for residency training — were issued to International Medical Graduates (IMGs) than to Ontario graduates for the 10th year, the CPSO stated in its report released Monday. In 2013, 4,441 certificates of registration were issued. The 1,793 certificates issued to IMGs is a record, compared to 1,646 issued to Ontario graduates, according to the CPSO.

Health Minister Eric Hoskins said since 2003, Ontario has reversed the brain drain of doctors leaving the province, noting that close to 5,000 new doctors have been added in 11 years.

TORSTAR NEWS SERVICE

WIRELESSWAVE™
THE MOBILE EXPERTS

BACK TO SCHOOL SALE

GET UP TO $125 TO SPEND IN-STORE

AT A MALL NEAR YOU

* Some conditions apply. See in-store for details.

ROGERS™

LG G3 $79.99

WIRELESSWAVE.CA

Cats found dehydrated, covered in feces, trial hears

In court. Former George Brown College professor is on trial on charges of animal cruelty

Cat No. 5 was blind in both eyes and severely dehydrated.

Cat No. 14 had crusted lesions on his body, caused by chemical burns from the urine and feces matted on his fur.

Cat No. 2 had dental disease so advanced his breath smelled of decay.

These were just some of the medical problems facing the "indoor feral cat colony" allegedly found in the home of a 66-year-old woman, OSPCA Chief Veterinary Officer Magdalena Smrdelj testified Monday.

Diane Way, a lawyer and former George Brown College professor, is on trial on charges of animal cruelty and causing unnecessary suffering to animals.

She has pleaded not guilty.

Smrdelj told the court that Way voluntarily surrendered about 65 cats to the OSPCA in April 2011.

The Crown is alleging Way had about 107 cats in her home at 144 Manor Rd. E., a situation discovered when a canvasser was stunned by the stench.

Smrdelj, a staff veterinarian at the OSPCA Newmarket clinic at the time, spent a week with other experts examining each animal.

Signs of infection

- Most of the cats showed signs of current or past upper-respiratory infections, leading in some cases to ruptured eyeballs, corneal lesions and tongue ulcerations, SPCA Chief Veterinary Officer Magdalena Smrdelj said.

Many of the cats were "fractious," she said, meaning that they showed aggressive behaviour including biting and scratching, and had to be restrained using a "cat bag" so they could be examined.

In the 10 cases she described Monday, each cat was euthanized on the day of assessment or soon after.

The decisions to euthanize were made in part due to the aggressive behaviour of the cats, making them difficult to treat, rehabilitate or put up for adoption, as well as posing a safety risk to staff, she said.

The trial continues.

TORSTAR NEWS SERVICE

Diane Way, charged with animal cruelty after up to 60 cats were seized from her Davisville home, right. TORSTAR NEWS SERVICE

Start banking with BMO® and get up to $300*.

Summertime and the switching is easy.

Follow these three easy steps to $300.

Step 1: Open a chequing account and set up a recurring deposit. **Get $100.**

Step 2: Set up a Pre-Authorized Payment and login to BMO Online or Mobile Banking. **Get $100.**

Step 3: Open a savings account and deposit at least $3,000. **Get $100.**

Offer ends August 31, 2014.
Visit a branch or bmo.com/300cash for details.

/BMOcommunity @BMO

BMO Bank of Montreal

*Additional terms and conditions apply. Full details are available at bmo.com/300cash, or visit any BMO branch. Offer is available from June 1, 2014, – August 31, 2014. You have the opportunity to earn up to $300 in cash bonuses when you open a new Chequing Account and Savings Account (defined below). To qualify for the first $100 cash bonus, you must open a new Primary Chequing Account ("Chequing Account") with a Plus, Performance or Premium Plan, make a deposit by August 31, 2014 AND set up a recurring direct deposit from your employer or pension and have a direct deposit transaction credited to the Chequing Account by October 31, 2014. To qualify for the second $100 cash bonus you must setup a pre-authorized bill payment, have it debited from the Chequing Account by October 31, 2014 AND sign up for and log in to BMO Online or Mobile Banking by October 31, 2014. (both bonus offers collectively "Chequing Account Bonus"). An additional $100 cash bonus is available if you qualify for the Chequing Account Bonus and open a new Smart Saver Account or Premium Rate Savings Account (collectively "Savings Account") and maintain a balance of at least $3,000 in the Savings Account until December 31, 2014. Cash bonus(es) for the Chequing Account offer will be credited to the Chequing Account by December 31, 2014. Cash bonus for the Savings Account offer will be credited to the Chequing Account by February 28, 2015. Offers may be changed, withdrawn or extended at any time without notice. ® Registered trade-marks of Bank of Montreal.

Italian bistro to open in condo that rejected Real Jerk

The Real Jerk owner Ed Pottinger and his wife Lily. TORSTAR NEWS SERVICE

More than a year after a heated push to stop The Real Jerk restaurant from moving into their building, residents of a Riverside condo will allow an Italian bistro to set up shop in the same space.

Papered-over windows declare that Il Ponte Cucina Italiana will be "coming soon" to the ground level of the Edge Lofts at 625 Queen St. E., directly east of the Queen Street Viaduct.

Quoted

"They made it clear that we weren't welcome."

Real Jerk owner Ed Pottinger

Last year, the owners of The Real Jerk decided not to move in, facing challenges from more than two dozen people living in the 66-unit building who were concerned about decreased property values and late-night noise from the east-end eatery known for its spicy roti, jerk chicken and karaoke.

"We tried as much as we could to make them comfortable with the operating times and so forth," Real Jerk owner Ed Pottinger told Torstar News Service.

"They made it clear that we weren't welcome."

The Real Jerk ended up moving to its current site on Gerrard Street East last September.

The next contender for Edge Lofts' street-level space didn't get a free pass from residents, either.

After Il Ponte submitted its application for a liquor licence in October, 13 residents sent letters to the Alcohol and Gaming Commission of Ontario to express their opposition, said commission spokesman Ab Campion.

TORSTAR NEWS SERVICE

CNE
NOW OPEN!
TAKE PUBLIC TRANSIT
FREE ADMISSION TILL 3
FOR 19 YRS & UNDER!
featuring
These Kids Wear Crowns
Eleven Past One and PRTY H3RO
TUESDAY, AUG 26
Brought to you by
PIZZA NOVA
1
2
3
Wonderlist.ca
$6 AFTER 5PM
Monday through Thursday Evenings ONLY
ALL EVENTS FREE WITH ADMISSION!*
1 April Wine
with Bleeker Ridge
Tomorrow!
2 Hanson
with The Seasons
Thu Aug 28
3 Jane Lockhart
Interior Design & Colour Expert
Thu Aug 28
CANADIAN NATIONAL EXHIBITION
AUG 15 TO SEPT 1 | 2014
LET'S GO TO THE EX! THEEX.COM
Info Line: 416.263.3330
†Does not include rides.
All programs subject to change.
*Not including Labour Day Monday.

Assisted suicide must be an option: Widow

Health. Wife of the late assisted suicide champion Dr. Donald Low urged the Supreme Court of Canada to support the right to die

Maureen Taylor, widow of Dr. Donald Lowe, at a press conference at city hall on Monday. AARON HARRIS/TORSTAR NEWS SERVICE

The wife of the late assisted suicide champion Dr. Donald Low is urging the Supreme Court of Canada to support the right to die.

"Physician-assisted dying must become a legal option for all mentally competent Canadians who are facing serious, incurable illnesses," Low's widow Maureen Taylor told reporters at city hall on Monday.

She said her husband, a doctor credited with leading Toronto through its battle with SARS, would be "encouraged and surprised" by the recent BC Civil Liberties Association (BCCLA) landmark lawsuit arguing that laws criminalize doctors for helping competent and incurable individuals choose their deaths.

The case legalized suicide in June 2012, but was overturned in 2013 only to be picked up by the Supreme Court. The court will hear oral arguments on the matter in October.

For years, the controversy around assisted suicide has raged on with religious zealots arguing that euthanasia is against God's will and with the terminally ill fighting for the freedom of choice when it comes to death.

Earlier this month, the Canadian Medical Association added fuel to the debate when it voted to allow physicians to follow their conscience when aiding with assisted deaths in places where it is legal.

Further attention for the dispute arrived in June when a historic vote made Quebec the first province to legalize doctor-assisted death.

TORSTAR NEWS SERVICE

Deathbed plea

On his deathbed last September, Dr. Donald Low called on Canada to rethink its opposition towards assisted death by joining other countries in accepting the procedure.

- He died of a malignant brain tumour at 68, eight days after filming an impassioned video detailing his pleas to reopen the debate surrounding doctor-assisted death.

Heftier fines for distracted driving in the works: Minister

Drivers who text behind the wheel face fines of up to $1,000 and three demerit points under tough new provincial legislation coming this fall.

Transportation Minister Steven Del Duca said the sweeping law aimed at curbing distracted driving will be introduced after the legislature resumes Oct. 20.

"It's an increase on the fines and also the demerit points," Del Duca said in an interview Monday.

Del Duca said Premier Kathleen Wynne's government plans to revive a bill introduced last March by his predecessor Glen Murray that failed to pass before the June 12 election.

"I look forward to reintroducing this legislation and getting it passed as soon as possible. I think it has broad support in the legislature — it certainly seemed to when it was introduced last time."

Ontario Provincial Police Commissioner Vince Hawkes told Torstar News service that distracted-driving deaths have surpassed those caused by impaired driving.

Last year, distracted driving cost 78 people their lives compared to 57 for impaired driving and 44 for accidents related to speeding.

"It is a huge loss of life. It is such a waste. It's one of those things it is frustrating to see," the province's top cop said.

Hawkes noted Monday that his officers will be conducting a blitz against distracted drivers this Labour Day long weekend on Ontario's 400 series highways. TORSTAR NEWS SERVICE

Minister of Transportation Steven Del Duca speaks to the media in Hamilton Monday. TORSTAR NEWS SERVICE

Police chiefs not yet asked to endorse public inquiry

Tina Fontaine's death. Murder and disappearance of aboriginal women on law enforcement's radar, says police-chief association head

Chief Const. Jim Chu, president of the Canadian Association Chiefs of Police. TORSTAR NEWS SERVICE FILE

The head of the Canadian Association of Chiefs of Police says the number of missing and murdered aboriginal women is "on the radar" of the country's law enforcement leaders.

But Chief Const. Jim Chu of the Vancouver Police Department, who is the association's outgoing president, avoided taking sides in what has become a politicized debate over the need for a public inquiry.

Hundreds of the nation's top officers gathered Monday for their annual general meeting in Victoria, where Chu said the association's policing with aboriginal people committee had already met for a couple of days to discuss the issue.

"They've had an extensive discussion on it," said Chu, referring to the committee.

"One thing that hasn't happened is the groups that are calling for the national inquiry have not asked us to support their request.... The details on the nature of the request and the nature of the inquiry, we need to get them."

Chu said the association will reach out to the Native Women's Association of Canada and other groups to get those details.

"And then we'll come out with a position," said Chu.

The death of teenager Tina Fontaine in Winnipeg has renewed calls for an inquiry. The 15-year-old was found Aug. 17, wrapped in a bag and dumped in the Red River. She had been in Winnipeg less than a month when she ran away from foster care. **TORSTAR NEWS SERVICE**

London, Ont.

Declared dead in 1986, missing man alive in U.S.

A man missing for almost 40 years and declared dead by the courts has been confirmed alive by the OPP.

Police discovered that Ronald Stan, reported missing following a 1977 fire in a community outside London, Ont. — later declared dead in 1986 — is alive and resides in the U.S. as Jeff Walton. The investigation was reopened in July as part of a routine case audit.

The affected families have been notified and the case is considered closed. **THE CANADIAN PRESS**

Denver via Chicago

Passengers force flight diversion

Two United Airlines passengers entered a heated argument Sunday as one prevented the other from reclining in their seat.

A male passenger was using the Knee Defender, a gadget that attaches to a passenger's tray table, which kept the passenger in front of him from reclining.

The gadget is prohibited by United Airlines, but when the man refused to remove it, the female passenger in front of him turned and threw water in his face. The flight was rerouted to Chicago; both were left there while their flight continued on to Denver. **THE ASSOCIATED PRESS**

SPORTSNET
NEVER MISS A MOMENT
ENJOY A SEAMLESS VIDEO EXPERIENCE THROUGHOUT YOUR HOME
WITH OUR FASTEST, FARTHEST REACHING ADVANCED WI-FI MODEM
INCLUDES
ADVANCED WI-FI MODEM[1]
Rental for three years at no extra cost
+
GET AN EXTRA 200GB/MO[2]
OF INTERNET DATA
When you have or switch to an eligible 3-Product Bundle
1 888 ROGERS1
rogers.com/wifi
Visit your local Rogers retail store
LIVE LIKE NEVER BEFORE™
ROGERS

Offer available for a limited time within Rogers cable service area (where technology permits) to new and existing customers in Ontario only and subject to change without notice. Taxes extra. An installation charge of $49.99 and activation fee of $14.95 also apply. **1** For 3 years. Regular then-current monthly rates will apply after promotional period ends and are subject to change. **2** For 3 years. Usage allowances apply on a monthly basis and vary by tier of service. Charges may apply for additional use beyond the monthly usage allowance associated with your tier of service. A DOCSIS 3.0 modem or higher (the Rogers Advanced Wi-Fi Modem or Wi-Fi Modem) is required to get the advertised speeds and usage allowances for the Hybrid Fibre 10, 30, 60, 150, 250 tiers. For details, visit rogers.com/web/link/modems. ™TORONTO BLUE JAYS, bird head design, uniforms, all related marks and designs and all photographs are trademarks and/or copyright of Rogers Blue Jays Baseball Partnership. Used under licence. ™Rogers & Mobius Design, NextBox and Live Like Never Before are trademarks of Rogers Communications. © 2014 Rogers Communications.

Prime Minister Stephen Harper stands on the bow of the HMCS Kingston as it sails in the Navy Board Inlet on Sunday. ADRIAN WYLD/THE CANADIAN PRESS

Harper joins the search for a piece of Canadian history

Franklin expedition. PM, during his tour of the North, gets a look at the tools being used to solve the mystery of doomed 1845 voyage

The final resting place of the lost ships of the Franklin expedition may remain a mystery for at least another summer.

A thick pack of sea ice is blocking a key part of the search area, making it inaccessible to ships.

The two ships of Sir John Franklin's doomed 1845 expedition — HMS Erebus and HMS Terror — are believed to be somewhere in the Victoria Strait off the west coast of King William Island, perhaps as far down as the Queen Maud Gulf off the Adelaide Peninsula.

Ryan Harris, an underwater archeologist who is one of the people leading the Parks Canada search, says it's only a matter of time before the remnants of the expedition are found.

Four vessels are leading the search this summer, and Prime Minister Stephen Harper, who is on his annual tour of the North, got a first-hand look at some of the tools being used.

He boarded a naval vessel at Pond Inlet that travelled west to Eclipse Sound. Upon arriving at a picturesque spot surrounded by ice-capped mountains, Harper and his wife, Laureen, got in a Zodiac and motored out to one of two gigantic icebergs towering in the water.

The prime minister then helped lower an autonomous underwater vehicle into the frigid water.

It was the closest Harper had ever been to an iceberg.

"I've never been that close to a big chunk of ice. It's huge," he said. "That was great. Really exciting."

A local student takes a selfie with Prime Minister Stephen Harper as he arrives Monday in Pond Inlet, Nunavut. ADRIAN WYLD/THE CANADIAN PRESS

Quoted

"One day we're just going to come around the bend and there's going to be the ship and Franklin's skeleton slumped over the helm and we're going to find it."

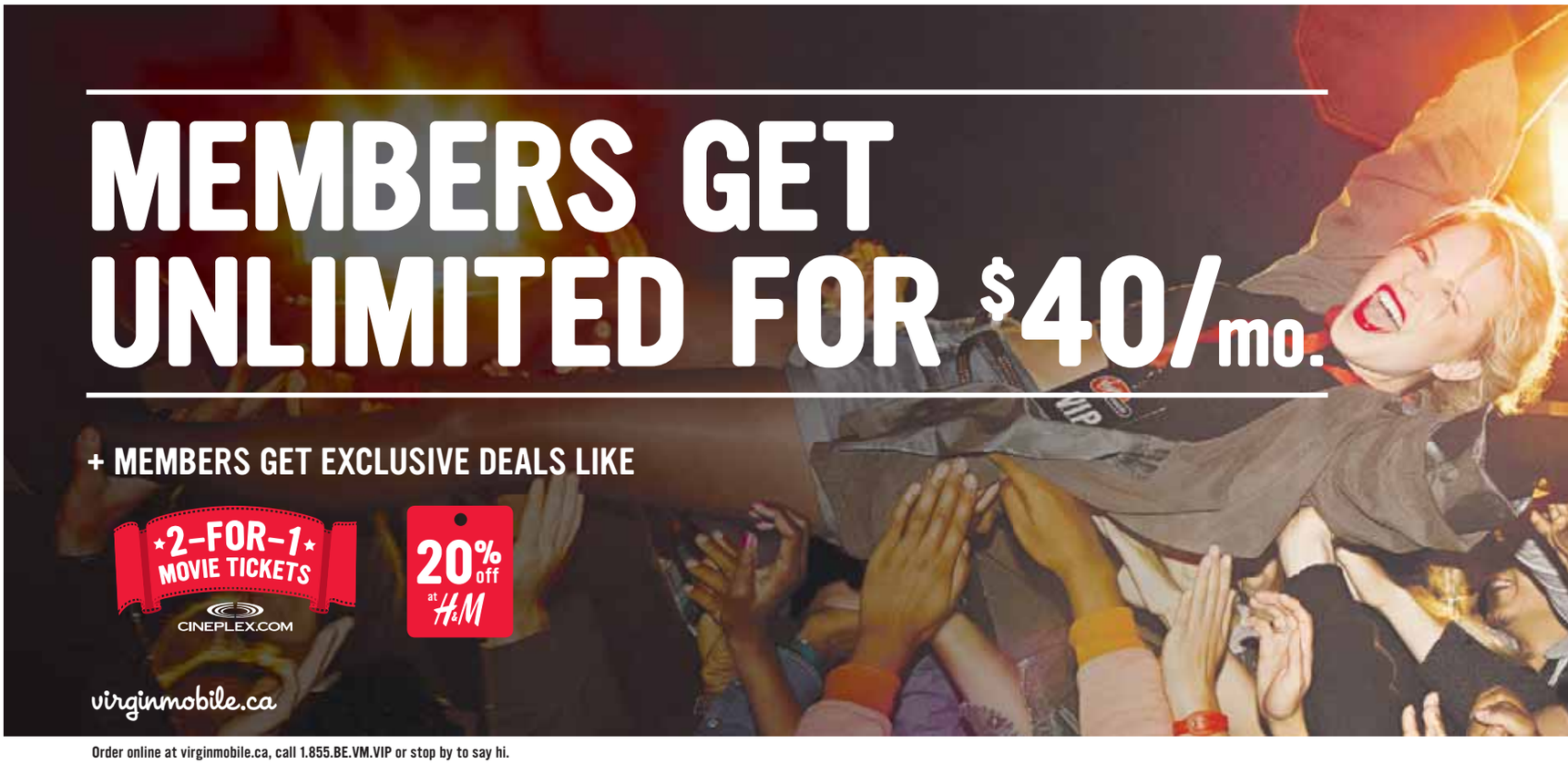
Prime Minister Stephen Harper, expressing confidence that the vessels would soon be found

Harper said the lost Franklin ships are an iconic piece of Canadian history.

"It ultimately isn't just a story of discovery and mystery and all those things — but it's also really laying the basis for what's in the longer-term Canadian sovereignty," he said.

"Because it's a mystery, and we've got to solve it."

THE CANADIAN PRESS



Order online at virginmobile.ca, call 1.855.BE.VM.VIP or stop by to say hi.

BRAMPTON
Bramalea City Centre 905-791-5291
Shoppers World 289-499-2355

MARKHAM
First Markham Place 905-946-9511
Pacific Mall 905-947-9618

MISSISSAUGA
Dixie Outlet Mall 905-274-1587
Square One Shopping Centre 905-896-0817
Erin Mills Town Centre 905-569-0321
Westdale Mall 905-782-8228

NORTH YORK
Lawrence Square 416-782-2992
Fairview Mall 416-499-0821

Limited time offer. Offers and Member Benefits can end or change at any time without notice. Monthly 911 charges apply in AB (44¢), NB (53¢), NS (43¢), PEI (70¢), SK (62¢) and QC (40¢). If you cancel your Commitment Period early, an Early Exit Charge will apply. See your Agreement for details. Cannot be combined with other offers, unless otherwise stated. Canada-Wide Calling is valid only when calls are made from Canada to a Canadian phone number. Unlimited Text and Picture Messaging is valid only when sent from Canada and excludes premium texts. Additional data is $5/100 MB. Some phones and colours may not be available at retailers.

Tranquilizer put to use to catch loose moose

A young moose stands behind a window in an administration building of Siemens in Dresden, Germany, on Monday. The moose evaded capture before getting stuck inside an office building, tantalizingly close to the canteen. A spokesman for the Dresden police said the young bull walked into the building housing German industrial giant Siemens shortly before lunch. Marko Laske said officers and wildlife officials spent six hours trying to shoo the moose into a container, but eventually had to resort to using a tranquilizer gun after he refused to follow orders. The animal, likely to have come from neighbouring Poland, will be released back into the wild. Scan the photo with your Metro News app to see a video of the stuck moose. ARNO BURGI/DPA/THE ASSOCIATED PRESS

Ontario university newspaper's 'stalk' your TA article called a 'how-to' for sexual harassment

Western Gazette. Editor-in-chief stands by frosh week article, says it wasn't intended to be taken literally

MIKE DONACHIE
Metro in London, Ont.

A suggestion that students should "stalk" graduate teaching assistants to get a date with them has landed Western University's student newspaper in hot water.

The editor-in-chief of the Western Gazette in London, Ont., is standing by his frosh week issue and refusing to apologize, despite an explosion of anger on social media.

Under the heading "do your research," the Gazette article says: "Facebook stalk and get to know your TA."

Editor-in-chief Iain Boekhoff insists the article isn't sexist and is part of a humorous section of the paper, but others are offended by the piece, and continue to demand an apology.

London marketing professional and cartoonist Diana Tamblyn said she was "appalled."

"It's a step-by-step breakdown about how you would get the attention of your teaching assistant if you have a crush on them in class, and it's in the special frosh week edition of the Gazette," she said. "If you're talking about sexual harassment on campus as a how-to list, this is a real problem that exists every day."

Tamblyn wants the article disposed of, online and in print, and an official retraction.

Western University's Janice Deakin, provost and vice-president academic, has written to the Gazette to express her displeasure with the teaching assistants article.

"Not only does the spirit of the article run contrary to Western's efforts to have a workplace and learning environment that is free from sexual harassment," she wrote, "it is disrespectful of the essential contribution graduate teaching assistants make to Western's academic mission."

On behalf of the Gazette, Iain Boekhoff said frosh week brings a special issue that includes light-hearted content, like the teaching assistants article. He insisted he doesn't need to apologize because the article wasn't sexist and was even gender-neutral.

"I don't regret publishing it," Boekhoff said. "I regret that it caused offence to so many people, and it wasn't well received by some people."

As for the word "stalk," Boekhoff said, it was never intended to be taken literally and the Gazette's readership would understand that.

"'Facebook stalk' is a common term for students and is not a malicious term in any way," he said.

SAMSUNG
$40/mo. SILVER PLAN GETS YOU:
• UNLIMITED Calling on Weekends & Evenings from 5pm
• UNLIMITED Text & Picture Messaging across Canada & to the US
• UNLIMITED International Text Messaging
• 300 Canada-Wide Minutes
• 300 MB of Data
• Voicemail & Call Display
Samsung GALAXY S III™
Virgin mobile
IT'S BETTER TO BE A MEMBER

SCARBOROUGH
Scarborough Town Centre 416-279-0029
Eglinton Square 416-615-2543
Woodside Square 416-716-1616
Bridlewood Mall 647-341-7777

TORONTO
Yorkdale Shopping Centre 416-781-2176
Toronto Eaton Centre 416-977-4650
Yonge & Castlefield 416-488-2493
Dufferin Mall 416-532-8129
Queen Street West 416-603-2260
Cedarbrae Mall 416-431-3999

Samsung and Samsung Galaxy S3 are trademarks of Samsung Electronics Canada, Inc., and/or its related entities, used with permission.
© 2014 Samsung Electronics Canada, Inc. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under license. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners. © 2014 Virgin Mobile.

Thousands of mourners fill St. Louis church to remember Michael Brown

'Break for funeral.'
The slain teen's father asked protesters for a 'day of silence' Monday to let the family grieve

Lesley McSpadden, the mother of Michael Brown, cries during her son's funeral at Friendly Temple Missionary Baptist Church in St. Louis on Monday.
NEW YORK TIMES/RICHARD PERRY/THE ASSOCIATED PRESS

The mourners filled an enormous church to remember Michael Brown — a "gentle giant," aspiring rapper and recent high school graduate on his way to a technical college.

But the funeral that unfolded Monday was about much more than the black 18-year-old who lay in the closed casket after being shot to death by a white police officer.

More than 4,500 mourners filled Friendly Temple Missionary Baptist Church in St. Louis for the service, which at times seemed like a cross between a gospel revival and a rock concert. The emotional service sought to consecrate Brown's death as another in the long history of the civil rights movement and implored black Americans to change their protest chants into legislation and law.

The Rev. Al Sharpton called for a movement to clean up police forces and the communities they serve.

"We're not anti-police. We respect police. But those police that are wrong need to be dealt with just like those in our community that are wrong need to be dealt with," Sharpton said.

Sharpton also took the black community to task, saying it should be as upset about black-on-black crime as it is about police violence: "We have to be outraged by our disrespect for each other."

"Blackness," he added, "has never been about being a gangster or a thug."

Call for action

"Show up at the voting booths. Let your voices be heard, and let everyone know that we have had enough of all of this."
Eric Davis, a cousin of Michael Brown's.

Brown's death fuelled nearly two weeks of street protests in the St. Louis suburb of Ferguson. But the teen's father, Michael Brown Sr., asked protesters to observe a "day of silence" on Monday to let the family grieve.

At the Ferguson Police Department, where a small but steady group of protesters have stood vigil for two weeks, a handmade sign announced a "break for funeral."

Brown was unarmed when he was shot on Aug. 9 by officer Darren Wilson. A grand jury is considering evidence in the case, and a federal investigation is underway. THE ASSOCIATED PRESS

MAPLE LEAFS PRE-SEASON TICKETS AVAILABLE
THOUSANDS OF TICKETS AVAILABLE AS LOW AS $27*
2 GAMES TO CHOOSE FROM:
AND
SUN. SEPT. 28
FRI. OCT. 3
MAPLELEAFS.COM
*BASED ON ONE TICKET IN THE LIGHT PURPLE SECTION. BASED ON AVAILABILITY. DOES NOT INCLUDE SERVICE FEES. "TORONTO MAPLE LEAFS", "LEAFS" AND ASSOCIATED WORD MARKS AND LOGOS ARE TRADEMARKS OF MAPLE LEAF SPORTS & ENTERTAINMENT LTD.

Iran claims it shot down Israeli drone

This undated photo, released Monday by the Iranian Revolutionary Guards, purports to show the wreckage of an Israeli drone which Iran claims it shot down near an Iranian nuclear site over the weekend. A brief video, aired on the Arabic-language Al-Alam TV, shows what the channel says are parts of the drone, scattered in an unidentified desert area. Israel's military has refused to comment on the matter. SEPAHNEWS/THE ASSOCIATED PRESS

Untested Ebola drug fails to save doctor

Potential vaccine.
Canada says it is working with WHO to distribute doses

A Liberian doctor who received one of the last known doses of an experimental Ebola drug has died, officials said Monday, as Canada said it has yet to send out doses of a potential vaccine that the government is donating.

The experimental vaccines are at still at a Canadian laboratory, said Patrick Gaebel, spokesman for the Public Health Agency of Canada, who declined to speculate how many weeks it could be before those are given to volunteers. "We are now working with the (World Health Organization) to address complex regulatory, logistical and ethical issues so that the vaccine can be safely and ethically deployed as rapidly as possible," Gaebel said.

Only six people in the world are known to have received the untested drug known as ZMapp. The small supply is now said to be exhausted and it is expected to be months before more can be produced by its U.S. maker.

A Spanish missionary priest infected with Ebola also received the treatment but died. There was no update given on the two other Liberians who took the last known available doses of ZMapp.

Meanwhile, the family of 29-year-old volunteer nurse William Pooley, the first British citizen confirmed to be infected with Ebola, said he is receiving excellent care at an isolation ward in London's Royal Free Hospital after being evacuated from the capital of Sierra Leone.

THE ASSOCIATED PRESS

New treatment?

Japan said Monday it is ready to provide a newly developed anti-influenza drug as a possible treatment for Ebola.

- Avigan was developed by Toyama Chemical to treat new and re-emerging influenza viruses.

ROCHON | GENOVA LLP
BARRISTERS – AVOCATS

DISABILITY CLAIMS?
Have you been denied or cut off from your long or short–term disability insurance benefits? We can help you!

- Free Consultation
- No payment until claim is settled

Call: 416-363-1867
www.rochongenova.com

metro
THE HANDY POCKET VERSION!
Get the news as it happens
Download the Metro News App today at metronews.ca/mobile

ASUS recommends Windows.

Transform your school year with the ultimate 2-in-1.

ASUS Transformer Book T100

Go back to school with the 2-in-1 ASUS Transformer Book T100, the laptop that's also a tablet. Featuring a HD touchscreen, powerful processor and Microsoft Office Home & Student 2013 pre-installed, you'll get the function of a laptop and the fun of a tablet.
It's the best of both worlds.

Work easy. Play hard. Windows

ASUS
IN SEARCH OF INCREDIBLE

© ASUS Computer International. All Rights Reserved. ASUS is a registered trademark of ASUSTeK Computer. All specifications are subject to change without notice. Products may not be available in all markets.

Ralph now sees why people shop online for car insurance. He just saved $700!

Discover how much you can save when you shop online for car insurance.

InsuranceHotline.com

The simple way to shop for insurance.

Canada's coffee chain aims to perk up U.S. expansion

Tim Hortons. News of a possible merger with Burger King has jolted rumours of plans to push growth outside of the Great White North

A deal between Tim Hortons and Burger King could finally help the coffee and doughnut chain successfully expand into the U.S. market, but it shouldn't mean customers will see any changes when they visit either fast-food chain.

Ken Wong, a marketing expert with Queen's University, said it is all about the U.S. for Tim Hortons.

"They've had some difficulty penetrating the U.S. market with dedicated Tim Hortons franchises and part of that is, of course, that while the brand is one of Canada's strongest, it really doesn't have much resonance in the U.S., especially up against Dunkin' Donuts," Wong said.

The companies confirmed Sunday that they are in talks and that the Oakville, Ont.-based Tim Hortons and the Miami-based Burger King would operate as stand-alone brands if they were to go ahead with a deal.

Jim Danahy, chief executive of consultancy CustomerLab, says the deal makes sense for Tim Hortons, given that the company has made it clear that it needed a partner on the ground in the U.S.

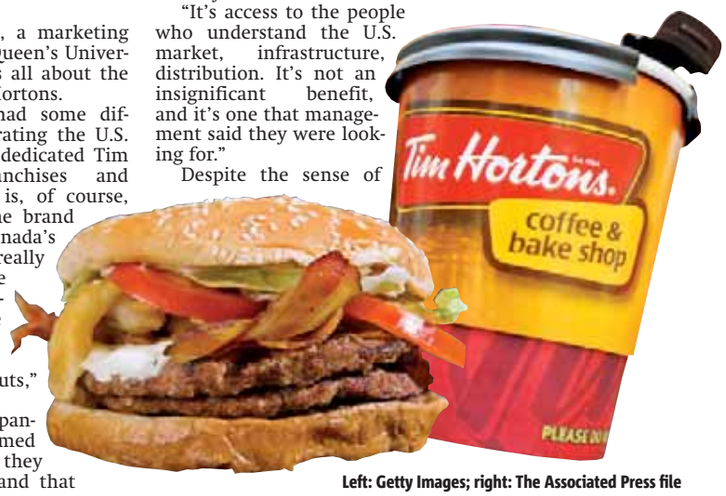
"They acquire, with this merger, access to the franchisees who own and operate more than 3,500 restaurants in the United States," Danahy said.

"It's access to the people who understand the U.S. market, infrastructure, distribution. It's not an insignificant benefit, and it's one that management said they were looking for."

Despite the sense of patriotism many Canadians may feel while drinking Tim Hortons coffee, the company has been owned by a large U.S. chain before. It was purchased by Wendy's International Inc. in 1995 and spun-off from Wendy's in 2006 after becoming a publicly listed company.

But while Tim Hortons dominates the Canadian coffee market, it has struggled to find success in the U.S., and has faced increasing competition at home in recent years from Starbucks Corp. and McDonalds Corp.

THE CANADIAN PRESS



Left: Getty Images; right: The Associated Press file

LOWEST RATES for bad credit loans since 1984

Need a loan? PFS FAST Same day loans

Personal loans ▸ Up to $5000 (1 yr on job; $16/hr.min.req.)*

Car paid off? ▸ Up to $20,000 (car 6 years or newer)*

Open loans. ▸ Pay off early. Get refund.

(416) 634 - 2013 *Call for details and conditions

Prudent Financial Services PrudentLoanApprovals.com

TOO MANY BILLS.... ...GET A FRESH START!

Bankruptcy • Proposals
Debt Counselling

416-740-5400

Toronto • Rexdale • Etobicoke • North York
Don Mills • Bloor West • Scarborough

905-273-6300 Mississauga • Brampton
1-888-329-5198 www.billfixer.com

FREE Consultation · Evening Appointments · Flexible Payments

KEVIN THATCHER & ASSOCIATES LTD.
TRUSTEE IN BANKRUPTCY

Market Minute

DOLLAR
91.07¢ (-0.30¢)

TSX
15,598.74 (+63.19)

OIL
$93.35 US (-$0.30)

GOLD
$1,278.90 US (-$1.30)

Natural gas: $3.94 US (+$0.07)
Dow Jones: 17,076.87 (+75.65)

ARE THEY SINGLE? MAYBE, UM, ASK

SHE SAYS

Jessica Napier
metronews.ca

If you're scrolling and swiping through an online dating site or app it's easy to assume that the men and women on screen are in fact available (or at least they're pretending to be) but what happens when you lock eyes with an attractive stranger in real life?

Married couples wear rings as a sign of commitment and to show the world that they're off the market, but there isn't really a universal indicator for available men and women to use to advertise that they're single and ready to mingle.

Back in 2013, Rina Mardahl and Rob Young launched MY Single Band in an attempt to create a wedding ring equivalent for singletons. The colourful silicone wristbands were designed to help men and women indicate their relationship status and attract potential mates. In a press release, Mardahl and Young claimed the bands — priced at around $10 a pop — were "the future of dating" and would "increase new encounters, lower the fear of first introductions, and suit busy modern lifestyles."

Unfortunately, it seems the masses weren't inclined to wear their hearts on their sleeve, or on their wrists. One year later, the mysingleworld.com website is offline and I think it's safe to say that the not-so-subtle wristbands didn't exactly revolutionize the dating landscape in the way the creators had hoped.

Perhaps MY Single Band didn't take off because the product looked so similar to the ubiquitous Livestrong bracelets and other charitable accessories. Or perhaps it was because most people don't want to appear desperate by wearing a brightly coloured rubber wristband that screams "I'm Single!"

Even online, a large percentage of Facebook users choose not to indicate whether they are "Single" or "In a Relationship" out of privacy concerns. Personally I've never been one for public declarations of romantic availability; I just can't imagine going through a painful real-life breakup and then having to log in to my Facebook account to revise my relationship status for my entire extended social circle to see.

Ultimately the easiest way to determine if someone is available is to simply strike up a conversation. It's a daunting task to enquire after a stranger's romantic life, but you'll never know unless you try. And even if the object of your affection turns you down, getting rejected momentarily is certainly less embarrassing than wearing an obnoxious bracelet around 24-7 to broadcast your singledom.

Who knew rubber bracelets wouldn't be cool forever?

Unfortunately, it seems the masses weren't inclined to wear their hearts on their sleeve, or on their wrists.

One in two million

A rare blue lobster is being donated to the Maine State Aquarium. MEGHAN LAPLANTE/THE ASSOCIATED PRESS

Skyler the lobster avoids death by seafood-lover's special due to rare blue colouring

A lobsterman says one of his traps caught a one-in-two-million crustacean: a blue lobster.

WCSH-TV reports Jay LaPlante of the Miss Meghan Lobster Catch company caught the curious creature in Scarborough, Maine, over the weekend.

LaPlante and daughter Meghan were hauling traps when she discovered the bright blue critter.

The story has a happy ending for the lobster. Meghan says she is naming it Skyler and donating it to the Maine State Aquarium, far from any dinner rolls or pats of butter.

The aquarium says it has three other blue lobsters and an orange one.

LaPlante says it's the first time he has caught a blue lobster.

THE ASSOCIATED PRESS

More special than Skyler

According to Wikipedia, lobsters change in colour because of a rare genetic mutation.

- Even rarer is the yellow lobster, the mottled black and orange lobster, the hermaphrodite chimera lobster and the rarest of the rare crustaceans — a colouring found only once in every 100 million lobsters — the albino lobster.

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...

DOWNLOAD METRO NEWS APP

FILL SCREEN WITH IMAGE TO SCAN

METRO AR IMAGE JUMPS TO LIFE

metro AR

In this issue, you can find AR enhancements on pages 8-9 in News, page 14 in Scene and page 33 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.

2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

metro AR

MetroTube

Da na na na na na na na ...

ANDREW FIFIELD
andrew.fifield@metronews.ca

Sometimes it feels like we'll never crest Peak Batman — that we're stuck with "not the __ we need, but the __ we deserve" forever. And so on. "Why so serious?" you may ask, which is fair enough. But maybe it's time we moved on and found a new totem to bounce our darker pop-culture references off of. Because — wait — pardon me? Somebody was driving what while wearing a cape? OK, fine. The Batman obsession can stay. (YouTube/Tony Cheng)

WARNER BROS

metro

Star Media Group President John Cruickshank • **Editor-in-Chief** Charlotte Empey • **National Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Toronto** Tarin Elbert • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Distribution Manager** Steve Malandro • **Vice President, Content & Sales Solutions** Tracy Day • **Vice-President, Sales** Mark Finney • **Vice-President, Finance** Phil Jameson • **METRO TORONTO** 625 Church St., 6th Floor Toronto ON M4Y 2G1 • **Telephone:** 416-486-4900 • **Fax:** 416-482-8097 • **Advertising:** 416-486-4900 ext. 316 • adinfotoronto@metronews.ca • **Distribution:** toronto_distribution@metronews.ca • **News tips:** toronto@metronews.ca • **Letters to the Editor:** torontoletters@metronews.ca

Breaking Bad and Modern Family get Emmy's love

Emmy Awards. Networks dominate top awards for shows and actors, as tribute to Williams and Weird Al parody draw raves

Weird Al Yankovic performs a parody routine about the top nominees. Musical numbers usually look out of place at the Emmys, and this one was no different. GETTY IMAGES, ALL AR PHOTOS ASSOCIATED PRESS UNLESS OTHERWISE INDICATED

AUGMENTED REALITY

→ Think their costumes are over the top? Scan this code with your Metro News app to see some of the looks that graced the Emmy Awards' red carpet this year!

→ See the full instructions on Metro's Voices page.

Modern Family won a record-tying fifth best comedy series Emmy Award and a dominant Breaking Bad captured the top drama award and a trio of acting honours in Monday's ceremony, which took a sombre turn as Robin Williams was remembered with restraint and grace by his longtime friend, Billy Crystal.

"He made us laugh. Hard. Every time you saw him," Crystal said of Williams at the conclusion of a tribute to industry members who died last year. "Robin Williams, what a concept."

Bryan Cranston was honoured as best actor in a drama for Breaking Bad, proving that True Detective nominee Matthew McConaughey's movie-star appeal couldn't conquer all.

"I have gratitude for everything that has happened," Cranston said. His victory ties him with four-time best drama actor champ Dennis Franz. Cranston's co-stars Aaron Paula and Anna Gunn were honoured in categories for best drama supporting acting,

"Thank you for this wonderful farewell to our show," creator Vince Gilligan said of the series about a teacher-turned-drug kingpin that ended with a bang.

The Good Wife star Julianna Margulies won the Emmy for best lead actress in a drama series. "What a wonderful time for women on television," Margulies said.

McConaughey was the object of too-handsome jokes by presenter Jimmy Kimmel and adoration by winner Gail Mancuso, honoured as best director for an episode of Modern Family.

"If you don't mind, Matthew McConaughey, I'm gonna make eye contact with you right now," she said from the stage, making good by holding the actor's gaze for much of her speech.

The ceremony honouring the best of TV wasn't shy about playing the movie-star card. "Six minutes to Woody Harrelson" flashed on screen during Colin Bucksey's acceptance speech for best miniseries direction for Fargo.

Harrelson and his True Detective co-star were given time to banter before announcing that Benedict Cumberbatch of Sherlock: His Last Vow was the winner of the best miniseries actor award.

"So you won Oscar, (People magazine's) Sexiest Man Alive and now you want an Emmy, too. Isn't that a little bit greedy?" Harrelson teased his fellow nominee.

Fargo was named best miniseries, and the award for best miniseries actress went to Jessica Lange of American Horror Story: Coven.

Buffering the miniseries awards was a parody routine about top nominees by Weird Al Yankovic. Musical numbers usually look out of place at the Emmys, and this one was no different. Other scripted banter fell flat, although host Seth Meyers kept soldiering on. CBS' The Big Bang Theory star Jim Parsons was crowned as best comedy series actor, giving him his fourth Emmy and putting him in league with all-time sitcom winners Kelsey Grammer and Michael J. Fox.

ABC's Modern Family, which tied Frasier as the all-time sitcom champ with five statuettes, also captured a best comedy supporting actor trophy for Ty Burrell.

Allison Janney was honoured as best supporting comedy actress for CBS' Mom, adding to the trophy she'd already picked up as guest actress on Masters of Sex.

Julia Louis-Dreyfus, who received her third consecutive best comedy actress Emmy for the political comedy Veep, drew big laughs as she stopped to exchange faux heated kisses with Cranston, who earlier was her co-presenter and who appeared with her on Seinfeld.

THE ASSOCIATED PRESS

ARE YOU ALLERGIC TO GRASS & HAVE ASTHMA?

Are you 18 years or older and suffer from:

- Stuffy Nose
- Runny Nose
- Sneezing and Itching

INFLAMAX RESEARCH inc.
Scientific Excellence in Clinical Research

Call Us!
1.888.989.1808
Located at 4500 Dixie Road in Mississauga

You will be compensated up to $1,425 for your time

www.SneezeToronto.com

Taylor Swift ALL PHOTOS: GETTY IMAGES

Lena helps gal-pal Taylor get Swift about what it means to be a feminist

It's a regular old gal-pal love-fest between Taylor Swift and Girls creator Lena Dunham, who just can't say enough nice things about each other. Swift insists that her evolving views on feminism are all thanks to her friendship with Dunham. "As a teenager, I didn't understand that saying you're a feminist is just saying that you hope women and men will have equal rights and equal opportunities. What it seemed to me, the way it was phrased in culture, society, was that you hate men," Swift tells the Guardian. "Becoming friends with Lena — without her preaching to me, but just seeing why she believes what she believes, why she says what she says, why she stands for what she stands for — has made me realize that I've been taking a feminist stance without actually saying so."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Oops! Katy did it again — and Britney loved it

NED EHRBAR
Metro in Hollywood

Some things never change, like Britney Spears' ridiculous fashion sense. What seemed like a terrible idea 13 years ago — matching all-denim ensembles — is still a terrible idea, as Katy Perry proved at the VMAs, teaming up with rapper Riff Raff to don a dress and suit made from poor, mistreated blue jeans in homage to Spears and then-boyfriend Justin Timberlake's infamous red carpet look from the VMAs in 2001. So what did Spears think of the tribute? You might be shocked to learn that she's totally into it. "Just when I thought the denim dress had retired....you bring it back! You looked amazing," Spears tweeted at Perry.

Winter will be miserable.
You don't have to be.
Book your vacation early to lock in the lowest price*.

The WestJet Vacations Price Guarantee is back and like no other. Book your vacation package early and if the price drops after you book, we'll refund you the difference in WestJet dollars (excluding taxes and fees). The best part is you can take advantage of our Price Guarantee an unlimited number of times, with no refund maximum, up to 21 days prior to departure.

Limited time offer.
Book now at westjetvacations.com

WESTJET vacations

*Offer valid on a minimum 3-night WestJet Vacations booking made between July 10, 2014 and September 30, 2014 (11:59 p.m. MT) inclusive, for travel from October 26, 2014 until April 25, 2015 inclusive. New bookings only. WestJet Vacations Price Guarantee is valid up to 21 days prior to departure. To qualify, an identical lower-priced WestJet Vacations package must be found by the guest. Reimbursement will be granted when the guest calls 1-877-737-7001 with their booking reference number to notify WestJet Vacations of the lower price while the price is available online, and the WestJet Vacations agent verifies the difference. Approved reimbursements will be issued in WestJet dollars for the value of the price difference on the base price of the package. Non-refundable and non-transferable. New bookings only. Not valid on group bookings. Offer is available to WestJet Rewards members only. To join, visit westjet.com/rewards. Offer is subject to change without notice. WestJet reserves the right to amend or discontinue the offer at any time. For full offer details, please visit westjetvacations.com. ®Registered trademark of WestJet Airlines Ltd. WestJet dollars is a registered trademark of WestJet Airlines Ltd. **Ontario travel agents are covered by TICO. Mailing address: 6085 Midfield Road, Toronto ON L5P 1A2. TICO registration number: 50018683.**

metro

THE HANDY POCKET VERSION!
Get the news as it happens

Download the Metro News App today at metronews.ca/mobile

Harbourfront centre
40 YEARS WITH HEART

ASHKENAZ FESTIVAL
Co-produced by ASHKENAZ

AUGUST 29–SEPTEMBER 1
FREE*

Discover the vibrancy and brilliance of Jewish artistic traditions from around the world.

SUMMER of memory

harbourfrontcentre.com
235 Queens Quay W. | 416-973-4000

Site Partners: Canada | Toronto
Programming Partners
Corporate Site Partners: WestJet | Rogers | Natrel
Major Partners: Paws with a Way | Menkes | Toronto Port Authority | Administration Portuaire de Toronto
Official Suppliers: Labatt | Coca-Cola
Official Hotel: InterContinental Toronto Centre
Media Partners: Omni | Toronto Star | Metro | Toronto
Media Supporter: CBC

YOU MAKE OUR BEAT

*Some exceptions apply

Charitable Registration Number: 10746 6575 RR0003

LIFE 3

The roots of bad hair days

Emotional well-being. Are we being shallow when our mane affects our mood, or is the feeling more complex?

IZABELA SZYDLO
life@metronews.ca

Did you know that gender roles play into how women and men feel during bad hair days? ISTOCK

You can curl it or straighten it, gel it or leave it loose, cut it short or let it grow — all depending on your mood. Hair is a part of our identity, so it is no surprise that a bad hair day can leave us feeling pretty low.

"Understand that this isn't superficial," says Dr. Vivian Diller, a clinical psychologist in New York. "I always remind people that we are raised to associate a head of hair with health, and lack of hair with illness. So, bad hair days actually do make us feel bad."

"Bad" may be an understatement. A Yale University study of men and women ages 17 to 30 concluded that even the thought of a bad hair day made both genders believe they weren't as smart as others.

Socially, men said they felt more nervous and less self-confident, while women reported feeling embarrassed, ashamed and self-conscious when experiencing bad hair days.

Diller attributes these differences to gender identity.

"The commonality of having a bad hair day is people feel out of control," she says.

"Men have a bit more comfort with bad hair days because their identity is more rooted in power. Women's identity, while they have worked very hard to combat it, still goes back to their appearance. That's probably hard-wired because of the role that we played in the survival of the species. Women's role was to attract a mate and procreate. Men's role was to take care of everybody."

And while Diller says the old adage "what's on the inside counts" is true, so is another saying: "When you look good you feel good, but when you feel good you also look better," she says. "There is definitely a feedback loop."

Does that mean we have become a more narcissistic society? Diller doesn't think so. Instead, she says what has changed is our accessibility to images of "perfection," which plays into mental hair crises.

"Hair has always been important," she says, referencing historical figures like Cleopatra with her jet-black tresses and Samson, whose strength was dependant on his locks.

"But the fact that we have social media and imagery that can be altered by the everyday person has put a kind of pressure on looking perfect. If a bad hair day feels like it is going to ruin your whole day or self-esteem, then you are falling victim to this idea that to feel good, we have to be flawless."

Tara Gosling, Toronto-based stylist at Small Talk Barber Shop and Salon, and Jezreel Batson, a barber who owns JB Barber Design in Scarborough, Ont. regularly deal with clients singing the hair day blues.

Gosling says it's vital to remember that a bad hair day is exactly that. "You have to remind yourself that what you're feeling is in your head, and it's temporary," she says. "All it takes is one person to change it with a compliment because what you feel doesn't always reflect what you look like."

Batson, meanwhile, recommends recognizing that while hair is an important part of who you are, it isn't your entire identity.

"Having the ability to utilize hair as a component of self-expression adds to a person's holistic well-being," says Batson.

"However, being in an industry of trends, I know expression is based on what someone is feeling at the moment, not who the person truly is. Because it can be so easily altered, expression through hair is fleeting — just like a bad hair day."

Tame your mane

Gosling and Batson share tips to minimize bad hair days.

- **The cut.** "Your hair will change day to day, depending on heat, humidity and the type of products you use. But having a haircut that suits your lifestyle is key," says Gosling."
- **Consistency.** "Every once in a while it's good to be edgy or trendy, but ... usually bad hair days have to do with something that's gone astray from the norm," says Batson.
- **Focus on other features.** "Putting your hair up shows more of your face, so you can highlight that," says Gosling.
- **Products.** "Products are key because they play a role in hair health," explains Batson. "It's important that you know what ingredients you're putting in."

EARN UP TO $3000!
Are you a Healthy Person between 18 and 55 years of age?
If so we want to hear from you!

Apotex is currently recruiting healthy men and women to participate in studies on Pharmaceutical products.

REGISTER ONLINE AT WWW.APOTEX.CA or Call: 416-741-4256
Toll Free: 1-877-APO-CLNC (1-877-276-2562)
Hours: 8:30am to 5pm Monday to Friday

- YOU WILL BE PAID upon completion of the study
- Compensation may range from $1000 to $3000 depending on the length of the study

APOTEX ADVANCING GENERICS

TORONTO MOBILE VETERINARY SERVICES

Follow Dr. Tina on YouTube

Professional & friendly veterinary care all in the comfort of your own home!! We provide general, emergency and procedural services and much more!! Open after-hours, weekends and holidays.

Call 647.389.4VET (4838) OR visit www.tomobilevet.com for an appointment TODAY!!

Health Solutions

Vegan is not synonymous with bland

NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Talk to Michael Abramson, owner and operator of Yamchops, Toronto's first vegan butcher shop, and he will tell you that he doesn't feel like a weirdo anymore.

While only "six per cent of Canadians call vegetarianism their way of life, 35 per cent of us incorporate meatless meals three days per week or more," he says.

It is a growth market with famous vegans like Bill Clinton, Ellen Degeneres, Paul McCartney and Gwyneth Paltrow lending their voices to the movement.

Needless to say, moving in the direction of plant-based eating is well known, well supported and now, well, delicious.

Abramson's tips for moving in this direction include:

- Make vegan foods familiar in mouth feel and taste to traditional foods.
- Focus on flavour and intensity; bland is brutal in any cuisine.
- Look for the fourth generation of soy: HME (High Moisture Extrusion), which is a soy and pea protein product ready to address any taste.
- Think about cold-press juicing. Cold pressing preserves all of the enzymes and nutrient as no heat, pasteurization or friction interferes with the living tonic.

If you are new to plant-based dining, Abramson suggests that you experiment and explore. Check out ethnic markets for new greens and beans and seek inspiration at places like Yamchops and liven up your regular meals with it.

You can benefit from the experience of those who have come before you.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Imitation, the sincerest form of flattery, also tastes so good

Tuna-less Tuna Sandwich. If you're looking to explore vegan dishes, this is a great starting point

THERESA ALBERT
myfriendinfood.com

This recipe serves four. THERESA ALBERT

This high-nutrient, high-protein mixture tastes almost like tuna salad.

It is a great make-ahead item that can be added to sandwiches or salads for a complete meal. It is also a great way to start working more plant based food into your day.

Ingredients

- 3 cups cooked chickpeas (or canned)
- 2 tbsp finely diced red onion
- 1/2 cup finely diced celery
- 1/4 cup chopped pickles
- 1/4 cup rinsed capers
- 2 tbsp nori flakes
- 1 tsp sea salt
- 1/2 tsp black pepper
- 1/2 cup vegannaise or mayonnaise

1. Soak chickpeas overnight (approximately two cups if soaking) or use canned. If using dry, drain and cook in lightly boiling water until tender.

2. Mash chickpeas with a potato masher to break them up to "tuna" size pieces.

3. Add onion, celery, pickles and capers and mix well. Add nori, salt and pepper, vegannaise and mix. Store in fridge up to 3 days. Use as sandwich filling or salad toppings.

RECIPE COURTESY OF YAMCHOPS VEGAN BUTCHER (YAMCHOPS.COM).

metro
THE HANDY POCKET VERSION!
Get the news as it happens

Download the Metro News App today at metronews.ca/mobile

In 1 year become a
✓PARALEGAL (LSUC Accredited)
✓LAW CLERK
CLASSES START SEPTEMBER 15
Herzing College offers a one year Paralegal program and Law Clerk program that include internships to meet these demands.

Why Choose Herzing College?
- 93% Employment Rate for 2013
- Educating students in Toronto since 1968
- Internship with every diploma program
- Excellent full-time Career Development Department
- Instructors with industry experience
- Program includes field trips and guest speakers
- Presentation Centre for Student mock trials
- Ministry Approved for Second Career Funding
- Conveniently located in the Toronto Eaton Centre
- Student Loans & Grants available if you qualify
- No classes on Fridays!

Join us on facebook.com/herzingtoronto
Contact Herzing College today!
HERZING COLLEGE
Check out our student testimonials on youtube!
416-599-6996
Herzing.ca/Toronto | infotoronto.herzing.edu

WE NEED MALES & FEMALES
Are you a healthy, non-smoking
MALE OR FEMALE 18 AND OVER?
• Free of daily medications?
If so, you may be eligible for our upcoming clinical research studies:
• We conduct weekly as well as weekend studies.
• Compensation may range from $1000 to $4000 depending on the length of the study.

CALL: 416-747-5246
Toll Free: 1-866-747-5246
Monday to Friday 8-6
BioPharma Services Inc.
4000 Weston Road, Toronto • www.biopharmaservices.ca

Jewelry designer links charity to charm bracelets

Shop for freedom.

Trip to Namibia inspires accessory line in support of orphans and widows

TAKARA SMALL
Metro News in Toronto
@takarasmall

Socially conscious designer Sally Han is hoping to make the world a better place one beautifully handcrafted accessory at a time.

The designer behind Canadian fashion label Shop for Jayu (shopforjayu.com), and its sister line Psalms 9:1, always knew she wanted to make a difference, but it wasn't until a trip to Namibia almost a decade ago that she realized how jewelry could be used to do just that.

"I went on my first mission trip to Namibia at age 22 and taught women affected by AIDS and HIV jewelry-making skills," says Han while describing the inspiration for the business.

"I was able to bring back charm bracelets created by the women and raised funds for them in Toronto."

From that moment, the vision for her business and life's goal became clear, she says.

"(My plan) was to create infrastructures around the world and give job opportunities to widows and orphans."

The business's unusual name reflects both Han's Korean heritage and the line's charitable goal. "I named this line Shop for Jayu (Jayu is Korean for freedom) because the purpose of this line is ... to bring freedom to widows and orphans."

Featuring everything from bold necklaces to chunky rings, the line is handmade, with most items priced under $60.

Although Han feels at home with her idea of merging philanthropy with fashion, her entrepreneurial journey wasn't always easy.

Toronto-based designer Sally Han merges philanthropy with fashion for her jewelry line, Shop for Jayu. CONTRIBUTED

Online

Go to metronews.ca/mom-and-pop-shops to see a slideshow of fashion designer Sally Han's work.

Turning an idea, however noble, into a successful business was difficult.

"It was challenging to learn about the financial and technical sides of the business. I had to overcome the difficulties of starting off with the small amount of money I had and not having anyone invest in the business," she says.

"There were also times of loneliness when friends were in different life stages and I had to take care of my own business."

Growing up in an artistic household provided her with inspiration, but the idea of running and starting her fashion line once seemed out of the question, she confesses.

"Although I grew up with parents who were designers and tailors, I had no desire or passion in fashion.

"I became very involved in the film industry instead, but once I started playing around with pliers and jewelry tools, a passion ignited in me," she says.

"Later I found out most of my relatives were also entrepreneurs. I'm thankful for the gifts God's blessed me with."

Construction Electrical Mechanical Estimator
Construction & Maintenance Electrician
Appliance Service Technician
Construction Office Manager
Network Cabling Technician
HVAC Technician
Gas Technician
Carpentry
Plumbing

Call Now to Register
1-800-728-0137
or visit
www.trades4u.ca

Not all programs available at all campuses

Pre-Apprenticeship Training Institute
Financial assistance may be available for those who qualify

Be Job Ready In 5 - 12 Months!

Financial Assistance May be Available to Those Who Qualify.
Second Career Training Funding Available to Those Who Qualify.

The government provides qualified candidates with education funding to train them for a better career. The grant can be up to $28,000 and covers tuition, book fees, transportation and some living allowance. Call us now to see if you qualify!

Healthcare
- Personal Support Worker*
- Medical Office Assistant*
- Medical Office Assistant with Health Unit Coordinator Specialty*
- Community Service Worker*

*with Internship

Law
- Paralegal* Accredited by LSUC
- Law Clerk*
- Immigration Consultant* Accredited by ICCRC

*with Internship

Information Technology
- Network Administrator
- PC Support Specialist
- Computer Service Technician

Accounting & Business
- Accounting and Payroll
- Business Administration
- Project Administrator
- Administrative Assistant
- Computerized Accounting

We Speak Your Language - Career Consultation Provided In: English, Français, हिंदी, मराठी, ગુજરાતી, Español, Portugues, 国语和粤语, română, русский & فارسي

FREE English Classes

Academy of Learning College
Bay/Bloor Campus

416-840-3376
416-969-8845
WWW.AOLTORONTO.COM
INFO@AOLTORONTO.COM

Downtown Toronto (Bay/Bloor)
1255 Bay Street • Suite 600
Toronto, ON • M5R 2A9

LAST CHANCE TO REGISTER FOR THE FALL SEMESTER

COCO FASHION DESIGN INSTITUTE
201-348 Ryding Ave, Toronto
416 739-0875
www.cocofashion.ca

- Patternmaking and Garment Construction Certificate
- Pattern Development for Fashion Design Diploma

CONTINUING EDUCATION

Building your own education

Kyle Klein had long been interested in working in the world of emergency response. Over the years, the 25-year-old Toronto native had worked in security, medical response and health and safety, so when he saw that the G. Raymond Chang School of Continuing Education at Ryerson University in Toronto was offering a certificate program in disaster and emergency management, he signed up.

"It took all of those experiences and tied them together," Klein said.

The program also did so without interrupting Klein's day-to-day work as assistant emergency planner for the city of Vaughan, as the courses and class work were all online. Klein graduated from the disaster and emergency management certificate program in June and landed the role of manager of emergency planning at Kwantlen Polytechnic University.

"Being able to learn online made all the difference," Klein said. "It would have been difficult for me to find the time to schedule the course work hours with my work obligations."

Klein's situation is not uncommon — an adult with a full-time job looking to expand his work skills through continuing education. That's why many colleges and universities offer a variety of ways to access continuing education.

"We offer flexible delivery when it comes to learning," said Marie Bountrogianni, dean of the Chang School. "We have 70,000 registered continuing education students per year and we provide the largest number of courses online."

Kyle Klein. STEFANIA SECCIA/FOR METRO

But customizing learning is more than classes online versus classes in a classroom. You can also blend those two options, be print-based or simply vary the number of courses you take at a given time to complete a certificate.

That flexibility extends to the big picture, too.

"If an adult learner is working towards a certificate, and then something in their life changes, the credits earned can be applied to a degree, too," Bountrogianni said. "You aren't necessarily going to have the same job all your life anymore. Approximately half of our students already have degrees, but they want to improve, they want the skills the market needs."

They also want to get those skills without sacrificing their salaried jobs or time with their families. That's why distance learning was key for Klein, even though he lived within commuting distance of the campus.

"I was able to continue working," he said. "It didn't interfere with family time or with the structure of my job." *– Jacqueline Kovacs*

NEW AND POPULAR

Do you want to know where the job market is opening up? Take a look at the newest offerings in continuing education.

Marie Bountrogianni, dean of the Chang School of Continuing Education at Ryerson University in Toronto, said various industries in need of employees with certain skill sets often approach her school to develop applicable courses.

The newest continuing education courses at many post-secondary schools represent the needs of the modern market.

At Toronto's George Brown College, continuing education students can learn about the world of gaming through the school's game development certificate, an online course, master data mining, data analytics and visualization and more through the data analytics certificate among other certificates — just a few of more than 160 new courses at the college.

– Jacqueline Kovacs

Kim Moritsugu. CONTRIBUTED

Turning the page on a new career

Kim Moritsugu always believed she would get lucky and become a published author. Her optimism may have stemmed from the fact that she worked for the Ontario Lottery and Gaming (OLG) Corporation for 15 years — the last few managing the prize office — before ditching the corporate life to write fiction full time.

"After all my years of working in lotteries, I guess I believed in impossible odds," she says.

She has published six novels in the 18 years since she left her job. Reviewers have called her "the Tom Wolfe of midtown Toronto" for her ability to capture the small defeats and triumphs of middle-class life.

Her first novel, Looks Perfect, was shortlisted for the Toronto Book Award, and her third, The Glenwood Treasure, was a finalist for the Arthur Ellis Award for best crime novel, as well as being serialized on CBC's Between the Covers.

The writing program at the Humber School of Creative and Performing Arts helped launch her new career as a writer. She began taking courses while still employed, then quit when her job was relocated.

Moritsugu began with two weeklong summer workshops at Humber, where she churned out short stories. She then progressed to Humber's 30-week correspondence course, a post-degree certification program that matches students with literary luminaries who help guide them to complete a draft of a book-length project.

Moritsugu was matched with the late Governor General Award-winning novelist Paul Quarrington, who "encouraged me in his own laconic way."

She completed the course three times under the guidance of Quarrington, producing a novel that got published each time.

After publishing her second book, Moritsugu was invited to be a writing instructor at Humber, where she now guides other writers.

Signing up for programs at Humber changed Moritsugu's life and she encourages others stuck in their careers to consider doing the same.

"My best advice, if you are interested in trying something new, is to take one course and see what happens."

– Anne Bokma

HAMMERING OUT A NEW PATH WITH GEORGE BROWN

Changing careers can seem daunting to many people. Where do you start? How can you get the skills, experience and training you need to get your foot in the door of a new employer? The transition takes hard work but it is possible. Just ask Rob Morrison, a recent graduate of George Brown College.

After earning an undergraduate degree in finance at the University of Western Ontario, Morrison joined his father's non-bank lending business as an administrator and risk analyst. While Morrison enjoyed the job and appreciated the experience, it began to dawn on him that a job in the world of finance wasn't his calling. He felt there was a better career fit for him somewhere out there, and that career turned out to be construction.

Interested in taking a more applied approach to learning, Morrison began looking into colleges, eventually choosing to enrol in the construction project management certificate and construction estimating certificate programs at George Brown College.

"The George Brown certificate program appealed to me on many fronts," Morrison says. "It gave me the opportunity to learn everything I need to know about the industry without having to commit to another four years at university. It also offered me the flexibility to take courses in the evening and complete the program at my own pace."

As a George Brown student, Morrison liked the practical hands-on training he received from instructors who actually worked in the industry. "My instructors included architects, site supervisors, estimators, people who really do practise what they teach," Morrison says.

Rob Morrison. CONTRIBUTED

"I found the group work extremely valuable as well. Through randomly assigned groups, we were 'forced' to work with people with varying, skills, experience and knowledge. It provided the ideal opportunity to use our strengths, address our weaknesses and network with people from other interesting backgrounds. Group work gave us the closest thing to a real-world experience."

In September 2013, Morrison moved to the job site from the classroom when he accepted a job as project manager at New Empire Design/Build Contractors Ltd.

Are there any more continuing education courses in Morrison's future?

"There just might be. And if there are, George Brown will be the place for me."

THE LATEST TOOLS FOR STUDENTS

Providing students the tools they need to learn, grow and succeed is a priority for the continuing education program at George Brown College. That's why the college has signed three new agreements with software providers to give students free licences for their products for use during their study.

- Adobe's Technical Communications Suite 5: Students studying technical communications and instructional design will enjoy free access to professional digital tools commonly used in their fields.
- MadCap Flare: Students enrolled in the college's newest technical communication course, online authoring for the technical writer, will gain expertise in state-of-the-art technical writing techniques through hands-on experience with MadCap Flare software.
- Articulate Studio '13: Instructional design students will have access to a free licence of Articulate Studio '13, an e-learning tool that allows users to quickly and easily create interactive online and mobile courses.

For more information on these partnerships, visit coned.georgebrown.ca.

David Dunkley. CONTRIBUTED

A tip of the hat to school's instructors and students

Earlier this summer, students and graduates of the George Brown College millinery certificate program were thrilled to take part in a special event — the first ever hat-making competition at the Queen's Plate, Canada's oldest thoroughbred horse race.

At the inaugural Queen's Plate student millinery competition, 14 finalists were selected to design, produce and showcase their Queen's Plate-inspired hats and compete for a prize of $1,000. Among the judges was David Dunkley, official milliner to the Queen's Plate (2013 and 2014), and graduate of the millinery certificate through George Brown College continuing education.

For Anne Livingston, a 2009 graduate of the George Brown College millinery certificate program, just the opportunity to compete was a thrill in itself. When she won the competition, she was over the moon.

"When my name was called, I was speechless. I had absolutely no idea I was going to come in first, out of 14 amazing milliners all trained at George Brown College and all personally invited to participate."

For Livingston, taking the continuing education certificate in millinery just seemed to be right from the start.

"From the first moment in class, I knew I had made the right choice. There was such an affinity there between us students and the teachers. One of my instructors, who taught two of the three courses, was not only extremely knowledgeable and experienced in various aspects of millinery and costuming, but also patient and supportive — just the kind of learning environment in which you can thrive."

Livingston also credits the great learning experience to the other students.

"I saw so much skill and artistry and I was able to draw a lot of inspiration from the other students. What I got out of my time in the program were confidence, some great skills and an exciting new career making beautiful things."

Program provides access to the U of T

Enrol in academic bridging program at Woodsworth College

It's never too late to embark on a university education, even if you don't think you have the required background. Just ask Matthew Hitch.

By his mid-30s, Hitch felt like his life was in a rut and although wanting to further his education, he felt he had squandered his opportunity for university studies when in high school. Then, through a friend, he discovered the Millie Rotman Shime academic bridging program at Woodsworth College, University of Toronto, which provides access to the University of Toronto for those aged 19 and older who have been away from formal education for some time and don't meet the usual university entrance requirements.

Thomas Socknat, academic director of the program, says "a lot of people just don't think they could ever qualify for university studies, especially at the U of T, but that is exactly what the academic bridging program is designed to do, provide the opportunity for non-traditional students to explore and pursue post-secondary education."

Students can enrol as either full-time or part-time students. Those who successfully complete the program are admitted to the faculty of arts and science with at least one full credit towards their U of T degree.

Although a good number of students don't enter university directly from high school for a variety of reasons, a lot of people are still surprised that an access program like the academic bridging program exists and has been helping thousands of mature students access the University of Toronto.

Prospective full-time students must registrar for the fall term but part-time students have a choice of three sessions — the fall session (September to April), the accelerated winter session (January to June), and an even more intensive summer session.

For more, visit wdw.utoronto.ca/bridging.

CONTRIBUTED

TRANSFORM:
IDEAS INTO PLANS

Whether you want to transform your career, your prospects, or your life, The G. Raymond Chang School of Continuing Education at Ryerson University can help. With 88 career-related certificate programs and over 1,500 courses, seminars, and workshops to choose from, we offer many ways to achieve your goals. Our career and academic advisors can help you determine which in-class, online, evening, or weekend courses best meet your needs.

ENROLL TODAY
ryerson.ca/ce/transform

THE CHANG SCHOOL
RYERSON UNIVERSITY
CONTINUING EDUCATION

Classes start September 6

TAKE ADVANTAGE OF A GROWING FIELD

REGULATORY COMPLIANCE HAS DEVELOPED IN MANY INDUSTRIES

SHUTTERSTOCK

Compliance is an emerging and growing field where there is an increasing demand for skilled professionals. Centennial's new compliance and governance certificate program is hoping to meet that need.

"Learners new to compliance will have a foundational background that lends itself to starting a career in the field," says Colleen Booth, manager, operations and services, school of continuing education and corporate training, Centennial College. "Those learners who have exposure to compliance and governance concepts and/or activities will broaden or deepen their skill set."

The governance and compliance certificate provides a flexible program that emphasizes real-world activities with a goal of providing students with pragmatic, skills-based learning in a growing field — regulatory compliance.

The courses are designed to explore functional areas with a view to applying the skills in a compliance program and are of interest to anyone working in any regulated industry, including banks, investment companies, insurance, real estate, not-for-profits. This program is offered in a blended format — the combination of online and in-class sessions.

"The students will have the best of both worlds — the flexibility to work to their own schedule while using in-class time for valuable interactions and experiential learning scenarios, such as guest speakers, panels, role plays, presentations, etc.," Booth says.

For more information about this new program, visit centennialcollege.ca.

ARE YOU NEW TO CANADA?

Improve Your Workplace Communication Skills

Occupation-specific Language Training

FREE Workplace Communication Courses

Prior Workplace Experience Required

PRACTICAL COURSES

- Understand Canadian workplace culture
- Learn to network
- Improve speaking, listening & pronunciation
- Develop soft skills

STARTS:
Fall 2014, Winter 2015
(Contact us for start dates)

PHONE: 1-877-572- OSLT (6758)
EMAIL: gtacolleges@co-oslt.org
WEBSITE: www.co-oslt.org

BUSINESS
EARLY CHILDHOOD EDUCATION
HEALTH SCIENCES
PROJECT MANAGEMENT
TECHNOLOGY

* Candidates are permanent residents or protected persons who have intermediate-level English (CLB 6 to 8)

CENTENNIAL COLLEGE | COLLÈGE BOREAL | GEORGE BROWN | HUMBER | Seneca | Sheridan

Funded by: Financé par: Citizenship and Immigration Canada / Citoyenneté et Immigration Canada

OSLT Occupation-specific Language Training FLAP Formation linguistique axée sur les professions

COLLEGES ONTARIO | COLLÈGES ONTARIO

CONTINUING EDUCATION

define your course

MICHENER.CA/CE

Continue to grow with our evolving health care system.

Located in the heart of Toronto's hospital district.

ce@michener.ca

- graduate certificate & specialty programs
- online education
- simulation-enhanced workshops
- customizable and flexible learning

THE Michener INSTITUTE For Applied Health Sciences

222 St. Patrick Street | Toronto, Ontario | M5T 1V4

UNIVERSITY OF TORONTO SCHOOL OF CONTINUING STUDIES

Achieve more.

Dageria Morgan

Student, Business & Professional Studies, is a designated Accountant and Senior Financial Analyst for Linamar Corporation.

"Being able to pursue a designation while working in the field was extremely beneficial. It enables the principles and the practical to converge on a daily basis."

We offer boundless opportunity to enhance your skills and enrich your life.

For easy registration or to order a free copy of our course catalogue, call 416.978.2400 or visit our website. Follow us on Twitter **@UofTLearnMore**.

learn.utoronto.ca

UNIVERSITY OF TORONTO
SCHOOL OF CONTINUING STUDIES

U OF T MISSISSAUGA U OF T ST. GEORGE U OF T SCARBOROUGH

CHASE EVERY DREAM

AT MCMASTER UNIVERSITY

Michelle Boutilier. CONTRIBUTED

In 2010, Michelle Boutilier was living in Hamilton and working at a government job she enjoyed that was split four days a week in that city and four days in Ottawa. One rainy day, she was waiting for a Hamilton bus when one passed by and splashed her.

On the side of the bus, Boutilier noticed an ad for McMaster University's centre for continuing education's certified management accountant program that said Be Your Boss's Boss.

"That was my light bulb moment," she says.

Although she had a great career and a job she enjoyed, Boutilier didn't possess a degree or a diploma. She had studied at the University of Guelph, spent a year at a bible college and then enrolled at the University of Ottawa.

"I didn't finish my undergrad, and I always felt that something was missing."

That bus ad led Boutilier to visit the centre for continuing education (CCE). She thought having an accounting certificate could help advance her career in the public sector, so she decided to take one accounting course to see how it went.

Boutilier studied while working full time, then chose to take an unpaid two-year "educational leave" from her job. At the same time, she was taking classes at a Hamilton yoga studio — she was so passionate about yoga that she completed her yoga teacher training during her time away from her job.

Boutilier, 35, has since returned to her communications position at the Department of Fisheries and Oceans and has launched Honey Lemon Yoga, through which she leads corporate health and wellness programs in Hamilton and Burlington. This fall, she will add tax planning and Thai massage to her small business's services — she also plans to take a CCE taxation course next year.

Boutilier can't say enough about the education she received at the CCE.

"We were learning from people who worked for KPMG, Deloitte and Telus — they gave us examples from their workday, not from a textbook. Their real-life stories would spur me on. I feel like I have the confidence to chase every dream, and this all happened at McMaster."

Add to existing skills and expertise

Web analysts are employed by marketing, IT merchandising and business intelligence departments in many sectors, including retail, media, government and education. This emerging skill set is critical to any organization with an online presence.

When Chris Keen, who works in marketing and communications at a Hamilton-based federal government agency, decided to undertake professional development, he chose the four-month online web analytics certificate program at McMaster University's centre for continuing education (CCE).

"Over the years, marketing and communications has become more web based," Keen says. "After 15 years in this field, it was time to upgrade my skills. I had read web analytics books but wanted an online program where I could do assignments."

After researching several online web analytics programs in different parts of the country, Keen chose the CCE, not because it's in Hamilton where he is located, but because he liked that it was tied to a university.

SHUTTERSTOCK

Keen hoped to apply what he was learning to his job as he went along, and that's exactly what happened. He was able to translate what he was being taught into his own work and also pass his new knowledge onto colleagues. For example, he had already been doing email marketing but now he had learned the science behind it, including what works and what doesn't.

Although this was the first online course Keen had taken, he found it easy to navigate. He had three instructors over five modules, all of whom were available for offline support. He posted completed assignments online, where he could review the other students' work.

"It was helpful to see the different ways that people were completing assignments."

Based on this experience, Keen would definitely take another CCE course. "The web analytics certificate gave me the skills and education I needed to add to my expertise."

INSPIRING PEOPLE FOR DECADES

Since 1931, McMaster University's centre for continuing education (CCE) in Hamilton has inspired people to achieve their career goals through lifelong learning. Students value the instructors' real-world experience, plus the flexibility and convenience of courses offered at night, on weekends, and online.

The CCE is one of Canada's largest and leading providers of academic certificate and diploma programs, professional development education and corporate training. More than 200 courses and workshops are offered, which blend theoretical knowledge with practical application.

There are two formats for the popular online courses — online classes (with forum discussion and feedback from classmates and the instructors), and online self-study (with reading, projects and assignments evaluated by an instructor).

For more, visit mcmastercce.ca.

Making a case for a career in consulting

Sheridan College launches program for in-demand profession offering opportunity

Every year in Canada, more than 200,000 small businesses start up, and a significant number are members of the multibillion-dollar consulting industry, a field that has been growing exponentially for some time. In the United States, according to a recent story in Forbes online, one in three workers are now freelance. Corporations will often use several consultants, all experts in their own particular fields, at the same time — and often for less than it would cost to have one full-time employee.

This fall, Sheridan College's faculty of continuing and professional studies is launching a new program designed to help those heading into the consulting world, either at the independent or staff level. Called consulting essentials, the program consists of six compulsory virtual courses, two of which start in September, and completion of all courses leads to a recognition of achievement.

Sheridan faculty is certain the program will appeal to a wide range of mature students.

"One of the things we've learned is that many who venture into starting their own companies start as a consultant," says associate dean Elisabeth Rees-Johnstone. "It could be a second career or a bit of a pause between formal employment. And we've had quite a few requests in recent years for support for large organizations developing their internal consultants."

The new course offerings include fundamentals of consulting, which will cover the broad spectrum of issues, challenges, and opportunities of the field, and client engagement and relationship management. While there will be industry speakers, case studies, client simulations, presentation, and platform skills practice, and interview technique development, among other things, the courses will all be conducted virtually.

SHUTTERSTOCK

"We wanted to develop digital literacy to be able to collaborate in virtual communities," Rees-Johnstone says.

The final two courses — one on professional conduct and ethics, the other on negotiation techniques — will launch in 2015.

For Sheridan, the consulting essentials program is just the beginning of a new wave of professional development and continuing education. "We've moved out of general interest and are really starting to hone our programming so it's supporting professionals who are in their environment or transferring to a new one," Rees-Johnstone says.

PROGRAMS FIT INTO YOUR SCHEDULE

FIND OUT MORE AT HUMBER COLLEGE

When Liliana Cioban and her family moved to Canada from Moldova in 2007, her goal was to provide a better life for her family.

She is now doing that as a licensed practical nurse (LPN) through the training she received in the part-time practical nursing program at Humber College.

"I feel very comfortable in this career," she says. "I made the right career decision."

CLASSES TWO NIGHTS PER WEEK

The part-time practical nursing program at Humber requires students to attend class two nights per week, semester to semester. During the second year of study, students will complete clinical placements. The final four months is when students will complete a pre-graduate placement in a hospital or long-term care facility (full time).

Cioban did not have previous experience working in this field, as she was a teacher in her home country, but says she has always felt the draw to help others.

"I like the work I do as I feel I can be very helpful," Cioban says.

Her training at Humber did not begin with the practical nursing program, though.

When she arrived in Canada, she focused on integrating her children into the way of life, and then focused on her own language training.

She then enrolled in the basic skills program at Humber to start her journey towards becoming a LPN.

Because of her two children though, Cioban was only able to commit to her studies part time, and this program fit perfectly into her schedule.

"I enjoyed my life at home as much as I enjoyed my time in the program," she says.

The part-time practical nursing program at Humber allows students to complete the program over three years and four months.

CONTRIBUTED

After Cioban completed her program last year, she took her exam to become a LPN.

She is now working in the health-care field as an LPN and credits much of her success to the program's flexibility and the quality of instructors.

"The instructors made the learning process as easy as possible and they were always accessible to the students," Cioban says.

For more information about this program, or other continuing education programs offered at Humber, visit humber.ca/continuingeducation.

Want to go to university but haven't finished high school or community college?
YOU CAN DO IT!
The Millie Rotman Shime
Academic Bridging Program
can help you achieve your academic and career goals!
Welcome to Woodsworth College
you belong here
Learn more about the part-time or full-time options at:
www.wdw.utoronto.ca/bridging
UNIVERSITY OF TORONTO
WOODSWORTH COLLEGE

McMaster University
CENTRE FOR CONTINUING EDUCATION

McMaster Centre for Continuing Education

Discover. Possible. cce

Your time, spent wisely.

Sign up for online courses with CCE – **Learn on the go.**

McMaster University's Centre for Continuing Education offers a wide range of online programs, for an education that fits your schedule.

Whether you want to upgrade your current skills, earn a professional designation or make a career change, McMaster's programs will open the doors to learning and accomplishment.

Continue your education with programs in:

- Accounting
- Addiction Education
- Business Administration
- Case Management
- Human Resources Management
- Health Informatics
- Health Information Management
- Marketing
- Risk Management
- Web Analytics

REGISTER NOW **STUDY ONLINE.** **www.mcmastercce-sept2014.com**

Centre for Continuing Education | McMaster University, Downtown Centre | 2nd Floor, Hamilton, Ontario L8S 4L8 | 905-525-9140 ext. 24321

Chang School offers flexible options

It's always a great time to consider going back to school — and continuing education can make it possible.

Continuing education makes going back to school more approachable anytime of the year for working adults who have other priorities to balance.

"Continuing education offers flexible options that can fit into your busy schedule but still allow you to experience the best education possible," says Marie Bountrogianni, dean of the G. Raymond Chang School of Continuing Education at Ryerson University. "The availability of flexible learning opportunities has made returning to school even more accessible for adults."

At the Chang School, the distance education programs allow students to log on at home, and work in segments that fit their schedule.

"We offer flexible, accessible programming that gives students control of their learning format depending on what works best for them, as well as control over the time that works best for them," Bountrogianni says.

Learning formats include online, evening, condensed intensive courses, weekend classes and some hybrid courses that deliver high-quality content and the opportunity to connect and engage with your peers.

RYERSON UNIVERSITY PHOTO

"When choosing a continuing education program, look at the specific learning outcomes for the program and ensure it matches the needs of the industry or career that you are looking towards, such as gaining credit or credentials for industry designation," Bountrogianni says.

She also recommends looking for flexibility and for a program that will allow you to meet and network with like-minded individuals.

"With so many learning options from in-class to distance education, working professionals now have the flexibility to become lifelong learners," Bountrogianni says.

New this fall, the Chang School is offering two new exciting certificate programs — certificate in data analytics, big data and predictive analytics, and the certificate in Caribbean studies.

For more about continuing education at the Chang School, visit Ryerson.ca/ce.

MORE THAN 1,400 COURSES

The G. Raymond Chang School of Continuing Education at Ryerson University has 90 certificate programs and 20 can be completed entirely at a distance.

The school has more than 1,400 courses with more than 400 courses that can be completed at a distance.

The school also has courses towards accreditation by 13 professional institutes and associations.

OPEN LATE
ANYTIME
ONLINE
24/7

Register today for
September 2014.

senecacollege.ca/ce

Seneca

Part-Time Studies.
Full-Time Results.

CENTENNIAL COLLEGE

New Centennial Location
Eglinton Learning Site
124 Eglinton Ave. West

Accounting
Financial Planning
Leadership Development
CPR & First Aid
English as a Second Language

Study part-time.

Register now for Fall!

School of Continuing Education
centennialcollege.ca/ce

facebook.com/centennialcollege

See where experience takes you.

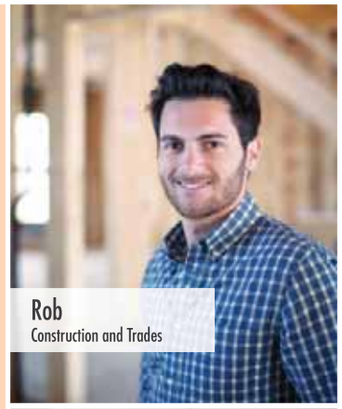
LEARNING THAT MAKES A DIFFERENCE

Meet Rob, Nadia, Candice, Coneli, Jewel and Claudia – just a few of the people who have achieved inspiring success with the help of our Continuing Education courses. The skills, connections and confidence they gained made it possible for them to achieve their goals. Read their stories on our website, and see the difference you can make in your own life with George Brown College.

CHOOSE FROM EVENING, WEEKEND AND SOME DAYTIME COURSES IN

- Arts and Design
- Business and Legal Studies
- Communication and Languages
- Emergency Management
- Health Sciences and Community Services
- Hospitality and Culinary Arts
- Liberal Arts and Sciences
- Makeup and Esthetics
- Technology and Trades

PLUS DISTANCE EDUCATION



GEORGE BROWN COLLEGE
School of Continuing Education

coned.georgebrown.ca

Register now for fall courses!

A LIKE-MINDED COMMUNITY

LEARN WITH OTHER ENTREPRENEURS AT THE U OF T

SHUTTERSTOCK

If you have the drive of an entrepreneur, the University of Toronto's school of continuing studies' certificate in entrepreneurship can give you the skills and experience necessary to turn that energy into a career.

The certificate program launched last year to keep up with a rising enthusiasm for entrepreneurship, a road that nearly half (46 per cent) of Canadian post-secondary students see themselves taking, according to a recent Bank of Montreal study. But whether you are just discovering your inner entrepreneur or you want to sharpen your existing skill set, the six five-week courses in the certificate offer a practical, action-oriented education.

"Entrepreneurs don't want to read a whole textbook on product development, they want to develop a product," says Keri Damen, program director, business and professional studies University of Toronto school of continuing studies.

Students will learn how to build a company by interacting with the actual business environment, rather than just sitting in the classroom. Entrepreneurship doesn't have to be a lonely pursuit. The certificate program provides a community to reach out "for advice and camaraderie" that can help carry soon-to-be entrepreneurs successfully into the business world.

It also encourages students to "get out and talk to customers as early as possible about their needs, about competitors, about what gaps there might be in the market," Damen says. "From a very early stage they are interacting with the market and getting information."

The certificate program was developed in partnership with MaRS Discovery District, an innovation centre that supports entrepreneurs. The courses help guide entrepreneurs through building business and financial models, testing those models, interviewing target customers, building hiring and advisory plans, and marketing skills that are useful in both the starting stages of business development as well as for the seasoned businessperson.

By using cutting-edge tools, receiving feedback from industry experts and taking a hands-on approach, this program helps entrepreneurs get on their feet and get moving faster, while avoiding start-up risk.

"I think the way it's taught and supported is really exciting," Damen says. "It reduces the risks for entrepreneurs and gives them a community so they don't have to do it by themselves."

Tailor your human resources needs

The University of Toronto school of continuing studies is launching a new human resources certificate this fall that will serve the needs of people who take care of some HR functions in small and medium-sized businesses (SME).

The new certificate lets you select different courses that are tailored to your specific needs working in a smaller organization. While large companies require professionally certified HR personnel, SMEs usually don't.

"What they do need, however, is a set of skills, a competency that can help them charge that road, whatever road they might find themselves in," says Salman Kureishy, program director, business and professional programs at the University of Toronto school of continuing studies.

The new certificate provides students with a broad overview of HR skills. Adapted from the established nine-course University of Toronto HR certificate, students can tailor the new shorter program to their specific business needs — from finding new talent to managing health and safety.

SHUTTERSTOCK

"What we had in mind was a repackaging of the content we already had in the form of the nine-course certificate and focusing on the small and medium businesses and the entrepreneurs," Kureishy says.

And if they wish, students can return to complete the full nine-course professional certificate.

"Say somebody is starting off — they are not sure if they want to get certified now, they take these three courses, and after a year they come back and build it up in a modular fashion," Kureishy says.

Students take one mandatory course, human resources management, which gives a broad overview of all HR operations and then select two other courses — recruitment and selection, human resource planning, industrial/labour relations, training and development, occupational health and safety, organizational behaviour, and financial and management accounting.

"This course can get them up and working in a fraction of the time of the longer course, and it keeps all doors open," Kureishy says. "It gives some credibility that they have done it from U of T and that these are recognized courses. And, more than anything else, it will help them develop some competency."

BOOST YOUR DEVELOPMENT

From people working in the middle of their professional lives to those just starting out in a new career, or deciding to change directions, thousands of people turn to the University of Toronto's school of continuing studies every year for practical courses to boost both their professional and personal development.

Seventy per cent of Canadian adult learners are mid-career businesspeople, professionals and entrepreneurs. They are taught by instructors who are leaders in their fields, from engineering basics to the principles of entrepreneurship, from financial analysis to creative writing. Whether in class or online, the school of continuing studies faculty delivers first-class instruction of a wide variety of non-degree courses.

With a strong international reputation for innovation in continuing education and a long list of talented and enthusiastic instructors, the school constantly strives to find new ways to help lifelong learners grow both at home and at work.

Do something you're passionate about

School can help you reach your second career

Is it possible to switch careers from performing audits and preparing financial statements to de-boning a chicken, creating the perfect meringue, and chopping vegetables into uniform-sized pieces?

That's the plan, says Celia Clutton, 28, of Mississauga, Ont., who enrolled in Le Cordon Bleu Culinary Arts Institute in Ottawa last June.

Clutton's post secondary education started at York University in Toronto several years ago. She studied accounting and then earned her chartered accountant designation from the Canadian Institute of Chartered Accountants. But after working for a few years, Clutton realized it wasn't what she wanted to do long-term.

Now she's working towards Grand Diplôme® at Le Cordon Bleu Ottawa — and setting her sights on a career in the food business. Her goal is to work for a catering company or large hotel and eventually start her own catering company — where she will combine her cooking and finance skills.

LE CORDON BLEU: AT YOUR SERVICE

Le Cordon Bleu is a famous culinary arts school that was founded in Paris in 1895. Today, it is an international network of culinary arts and hospitality institutes. At the Ottawa campus, students may obtain the internationally recognized Grand Diplôme® in less than a year. For more information, visit lcbottawa.com.

"I love French cuisine, and I thought it would be the best foundation for me in terms of starting a career."

One of the reasons Clutton enjoys the classes is they're small, and there's a lot of one-on-one time with the chef instructors.

"I had some 're-learning' to do ... I learned how to cut an onion properly and how to dice faster.

"In the pastry class, they teach you how to make everything from pies to cakes without relying on thermometers or mixers. Everything's by hand in the first level, and I think that's the best way to go."

Clutton's love of food and cooking came early. At age nine she watched the Food Network after school, often asking her mom to pick up groceries on her way home from work and then cooking the family a meal.

"I believe if you do something you're passionate about it's never going to be a job. You'll always wake up wanting to go to work and looking forward to the next day, and that's how I feel."

Celia Clutton. CONTRIBUTED

SHUTTERSTOCK

SENECA COMMITTED TO STUDENTS

The new post-graduate certificate in corporate communications at Seneca College is a means to better equip participants to navigate the public relations sector of many businesses and institutions.

"The program promotes leading-edge business and communication skills that can be transferable across most industries and/organizations," says Melanie A. Rubens, academic co-ordinator, communications, English and literature. "With highly developed, professional abilities in most areas of communication (written, verbal and visual), participants should be well placed to meet the needs of many businesses in different capacities — conflict resolution, crisis management, government and media relations."

This program combines business skills with expertise in writing, editing, media relations and concept planning.

Corporate communications (CCM) is an Ontario college graduate certificate available to individuals who have completed a diploma or degree at an accredited institution.

At Seneca, student success is of the utmost importance. "We are committed to strategies and initiatives that can help students be successful like flexible delivery and pedagogical models, intensive modes, digital support, intervention, workshops and tutorials, mentorship, etc.," Rubens says.

To learn more about Seneca, check out the orientation/info session on Sept. 4, at 7 p.m. or visit senecacollege.ca/ce/.

Reach Your
Career Goals.
Sheridan's Continuing and Professional Studies programs and courses offer the real-world skills employers are looking for. Choose from over 800 courses – either online or at our campuses in Brampton, Mississauga and Oakville.

REGISTER NOW
FOR THE FALL 2014 TERM.
MOST CLASSES START THE WEEK OF SEPTEMER 8.

caps.sheridancollege.ca

FALL 2014

Sheridan
Faculty of Continuing and Professional Studies

CONTRIBUTED

Michener Institute meets the needs of health-care workers

Health care in Ontario is rapidly changing. As patient needs evolve with an aging population, as technology continues to develop, and as advances are made to health-care delivery, the professional roles of health-care providers will change as well. More than ever, health-care professionals face a pressing need to keep their skills up-to-date to meet the demands of an evolving health-care system.

To meet these demands, continuing education at The Michener Institute provides professional development opportunities to health-care workers through an array of graduate certificates and specialty programs, simulation enhanced workshops, online education and flexible learning options.

Located in the heart of Toronto's hospital district, The Michener Institute has worked to be the education solution provider for Ontario's health system, meeting the needs of health-care workers across the province and beyond.

"By keeping a finger on the pulse of a changing, patient-centred health-care system, continuing education at Michener is contributing to a better health-care system for providers and for patients across Ontario," says Gillian Nichol, director of continuing education.

Michener offers continuing education courses in subjects such as medical laboratory sciences, diabetes education, health leadership, primary and critical care, quality management, medical radiation sciences and more. The school's innovative delivery methods mean that courses are available online, in class or through a unique hybrid delivery format that combines online learning with hands-on workshops.

For more information about continuing education at The Michener Institute, visit michener.ca/ce.

EPL

Liverpool signs Super Mario

Liverpool signed Italy striker Mario Balotelli from AC Milan on Monday, taking a calculated gamble on a headline-grabbing player known as much for his controversies as his goals.

Nineteen months after ending a 2-1/2-year spell with Manchester City to play for his boyhood club, Balotelli will return to the English Premier League as a replacement for Luis Suarez. THE ASSOCIATED PRESS

Mario Balotelli GETTY IMAGES

Interreligious affair

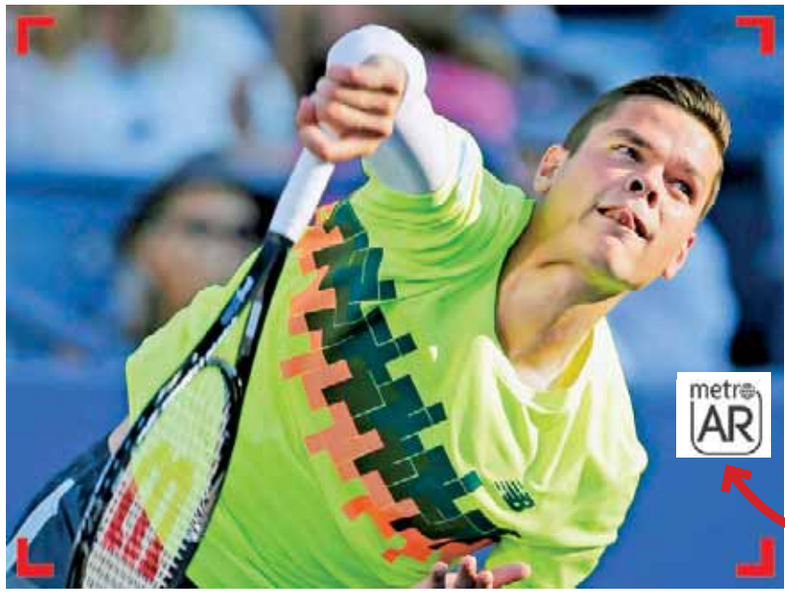
Pope backs match for peace

Pope Francis is backing an interreligious soccer match aimed at promoting peace and raising money for at-risk kids.

Former Argentina great Javier Zanetti said the idea for the Sept. 1 match in Rome arose during an audience he had with Francis last year.

Argentina coach Gerardo Martino and Arsenal manager Arsene Wenger will put together teams featuring Muslim, Christian, Jewish, Hindu and Buddhist players. Among those who have signed up: Lionel Messi, Filippo Inzaghi, Samuel Eto'o.

THE ASSOCIATED PRESS



U.S. Open for business

Thornhill's Milos Raonic serves to Taro Daniel of Japan during the opening round of the U.S. Open tennis tournament on Monday in New York City. Raonic beat Daniel 6-3, 6-2, 7-6 (1).

Sharon Fichman of Toronto and Aleksandra Wozniak of Blainville, Que., were eliminated just an hour into Monday's first-round action at the last Grand Slam of the year.

In the men's draw, 46th-ranked Vasek Pospisil of Vancouver lost to clay-court specialist Simone Bolelli 2-6, 6-4, 6-2, 3-6, 6-3.

Scan the image with the Metro News app for more scores and photos from Monday's matches.

DARREN CUMMINGS/THE ASSOCIATED PRESS

BoSox shoot down Jays in 10th inning

MLB. Reigning World Series champs end an 8-game losing streak

On Monday

Red Sox	Blue Jays
4	3

Yoenis Cespedes singled home the winning run in the 10th inning Monday night as the Boston Red Sox survived a three-run Toronto comeback in the ninth to defeat the Blue Jays 4-3 and end their eight-game losing streak.

Shortstop Brock Holt singled off Aaron Sanchez (2-1) with one out and then stole second — surviving an instant replay review — and third before Cespedes sent the ball past a diving Munenori Kawasaki with two outs.

Left-hander Craig Breslow pitched the 10th for his first save, despite putting the tying run on via a walk.

Boston (57-74) was in control going into the ninth, with starter Clay Buchholz holding the Jays to two hits over eight innings and homers by Mookie Betts and Dustin Pedroia giving the visitors a 3-0 lead.

Buchholz struck out four and walked two in a near flawless outing that kept the dormant Jays offence in check until the ninth, when he loaded the bases on back-to-back Jose Reyes and Melky Cabrera singles and a Jose Bautista walk with one out.

Closer Koji Uehara was unable to clean up the mess, allowing one run on an Adam Lind force out and then two more on an Edwin Encarnacion double off the wall to tie the score at 3-3. Uehara (6-4) blew the save but still got the win.

Jays starter J.A. Happ struck out eight and gave up five hits in six solid innings before a crowd of 26,041 with the roof open at Rogers Centre.

The Jays escaped facing Red Sox slugger David Ortiz and his 461 career homers. Ortiz, who leads all visitors at Rogers Centre with 37 home runs, was given a day off after getting hit by pitches on the elbow Saturday and on the foot Sunday.

THE CANADIAN PRESS

4 SPORTS

Comfort Tour Canada

3 DAYS 2 NIGHTS
MONTREAL»
QUEBEC»OTTAWA»1000 ISLANDS
$498* tax incl. per person
AUG 30, SEP 12, 26, OCT 11
more dates available

Family of 3 or more? $75 OFF pp
USA tours ONLY!
OFFER EXPIRES SEPT 30, 2014

4 DAYS 3 NIGHTS
NEW YORK
$698* tax incl. per person
SEP 4,11,18,25, OCT 2,10,16,23,30, Nov 13,27
more dates available

EAST COAST
Halifax»Baddeck»Charlottetown
$1,998* tax incl.
FLIGHT EXTRA
7 DAYS 6 NIGHTS
SEP 5-11

4 DAYS 3 NIGHTS
WASHINGTON
$698* tax incl. per person
AUG 29, SEP 11,25, OCT 10

4 DAYS 3 NIGHTS
PHILADELPHIA»
GETTYSBURG»LANCASTER
$598* tax incl. per person
Tour of Amish Country Side
SEP 11, OCT 2

4 DAYS 3 NIGHTS
CHICAGO
$698* tax incl. per person
AUG 29, SEP 11,25, OCT 10

4 DAYS 3 NIGHTS
BOSTON
$698* tax incl. per person
SEP 18, OCT 10, 23

* Conditions may apply. Lowest price per person based on double-occupancy.
* Discount offer applies to new bookings only made between May 27 to Sept 30. Offer applicable to select dates and tours only. For complete offer details, please call 416 642 0372.

CALL NOW 416 642 0372
toll free 1 866 213 0371
www.comforttour.ca
90 Sherbourne Street, Unit 101, Toronto, ON, M5A 2R1
tico.ca #50013488

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

OVERWHELMED BY DEBT?

CALL THE Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, CPA, CA, CIRP, Trustee

FREE Consultation 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

www.DavidSklar.com

STOP COLLECTION CALLS

CALL ERIKA
(LICENSED DEBT EXPERT)

GET DEBT RELIEF NOW!

Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.

1-877-332-8416
416-288-8048

Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)

Rusinek & Associates Inc
Trustee in Bankruptcy
www.rusinek.ca

DEBT OUT OF CONTROL?

HARASSED by collection calls
NO need for bankruptcy
NO need for a consumer proposal
NO need for a Credit counselling program
GET THE FACTS AND KNOW YOUR RIGHTS

ROBIN HOOD DEBT MANAGEMENT
416-907-8587

Exclusive administrators of the VLP in Ontario™

DEBT RELIEF

Are you drowning in debts?
I can help you...

- Consolidate debts, no interest
- Settle your debts without a bankruptcy
- Stop collection calls and garnishments
- Get rid of tax debts and court actions

NONA KUMAR
Estate Administrator
Credit Counsellor

Free Consultation: 416.455.7709
Evenings and weekends appointment also available

Rumanek & Co. Ltd. Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON. Offices in Scarborough & Mississauga.

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG

License # 11991

MORTGAGES

1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154

MORTGAGE GENIE
www.mortgagegenie.org
416-667-9834

@metrotoronto

AUCTION

ONLINE AUCTION

ALL CANADIAN SELF-STORAGE (416) 203-3331
Saturday August 30th, 2014

The following list of names and last known addresses, are people whose goods in storage at All Canadian Self-Storage 1 Laird Dr, Toronto, ON., M4G 3S8 will be put up for online auction on Saturday August 30th, 2014 at 11:00am due to non-payment of storage rent.

The online auction will be conducted on ibid4storage.com

STEPHEN KAPUNGO
109-165 Balliol St., TOR., ON. M4S 1C2

JAMES MYAMOTO
10 Lanark Ave., York, ON. M6C 2B3

JAMES EDWARD THOMPSON
2104-60 Mt. Pleasant Blvd., TOR., ON. M4T 1K1

DAVID KODUA
1411-80 Forestmanor Dr., TOR., ON. M2J1M6

MICHAEL POWELL ROSENBAUM
135 Wynford Drive,
Penthouse 203, TOR., ON. M3C 1K1

STEPHANIE SYMOND
266 Donlands Ave., TOR., ON. M4J 3R4

ALAN MCCONKEY
5 Walder Ave., TOR., ON. M4P 2R4

BETTY HABERER
22-818 Broadview Ave., TOR., ON. M4K 2P7

MIA KREZOVIC
129 Inglewood Dr., TOR., ON. M4T 1H6

ANITA SANCHEZ
47 Sheppard Ave E.,
6th Floor, TOR., ON. M2N 5N1

MARK MILTENBURG
224 Westlake Ave., TOR., ON. M4C 4S9

DONNALEE LYNN VESTER
310-55 Broadview Ave., TOR., ON. M4P 1T8

According to the Lease by and between the customers listed above and All Canadian Self-Storage and its related parties, assigns and affiliates in Order to perfect the Lien on the goods contained in their storage units, the Manager has cut the lock on their Unit(s). Upon a cursory inspection, the units were found to contain: Household goods, Items will be sold or otherwise Disposed of at this site on dates and at approximate times listed by the Addresses above to satisfy owner lien in accordance with the state statues. Terms of the sale are cash only. No checks will be accepted. All goods are sold in "as is" condition. Tax must be paid or resale numbers furnished. Buyers Must provide own lock if needed. Seller reserves the right to overbid. All items Or spaces may not be available on date of sale.

FINANCIAL

MONEY PROBLEMS?

Make One Small Monthly Payment For All Your Debts!

WE CAN
- Stop Collection Calls
- Reduce your Debts
- Stop Wage Garnishment
- Stop Interest Right Away
- Re-Establish your Credit
- Deal with your Tax Issues

Visit:
GtaCredit.Com

North York (416) 650-1100	Scarborough (416) 754-0011
Mississauga (905) 275-4200	Ajax / Oshawa (905) 426-8400
Brampton (905) 796-3100	Toronto Downtown (416) 489-2000

gta credit

Call for a FREE & CONFIDENTIAL meeting with one of our Govt. Registered Counsellor

PSYCHIC

Psychic & Astrologer Pandit: BALAJI

By Reading Palm, Face, Picture etc...
I am here to HELP you.If you have any IMPOSSIBLE problems, I can SOLVE them and Give LIFE-LONG Protection.
This is my Generation's power.

NOBODY CAN BREAK MY WORK Private & Confidential

Removes Black Magic, Evil Spirits, & Spells, Voodoo, Obeya, Katteri, Pilli Soonyam, Kaki Soonyam, & Gives Life Long Protection

212A Queen St. East, Brampton L6V 1B7 647-924-7063,
Queen st. & Kennedy Rd., Above "Cash & Money" 647-855-0966

JANE & WILSON, OPP. SHERIDAN MALL

INDIAN ASTROLOGER & PSYCHIC READER

Removes Black Magic, Jadoo, Voodoo, Witchcraft & Gives 100% Protection
Experienced, Knowledgeble, Unique Techniques
Pandit: GANGADHAR SHASTRI 100% GUARANTEE

Solves Problems related to Job, Business, Love, Health, Sickness, Husband-Wife prob., Divorce, Court cases, Child infertility, Sexuals, Enemy, Evil affection Etc.

IF YOU HAVE PROBEMS, I HAVE SOLUTIONS

416-720-3437 1619 Wilson Ave, Toronto, ON M3L 1A5
BEHIND BURGER KING Inside "Best Outlet"

World Spiritual Astrologer & Psychic Pandit: DURGA

100% GUARANTEE

Business • Love • Marriage • Education • Job • Health
Money • Children Mistake • Court • Husband-Wife
Relationship • Sexual & Personal Matters Etc
Removes Black Magic IN 3 Days& Gives 100%Protection

Call: 416-726-0296
679 Markham Rd, Scarborough, On M1H 2A4
Cedar Heights Plaza, MARKHAM & LAWRENCE

Indian Reknowned Astrologer Pandit: DEVDAS SWAMY

Know your Past, Present & Future

100% Removal of Black Magic & Gives 100% Protection

Financial matters * Job * Family Problems * Love
Education * Marriage Problems * Children Problem
Husband & Wife * Depression * Enemy Problems
Any Problems...Immediate Solutions DON'T DELAY MEET TODAY

647-622-9097 / 647-709-3459
5210 Finch Ave E, #1, Scarborough, M1S 4Z6
(MIDDLEFIELD & FINCH, INSIDE GOLDEN BAKERY)

God Gifted Indian Most Powerful Spiritualist Pandit: Parama Shiva

Most Experienced Fortune Teller
Excellent Master in Getting rid of Evil Spirits, Black Magic, Voodoo & Bad Luck
Specialist in Bringing Back Loved one's
Performs POWERFUL Indian prayers to Fix any type of problems & Gives Unbrekable Protection
He can Handle overpowers IMPOSSIBLE problems

416-625-7365 / 647-853-3466
880 Ellesmere Road, #B101, Scarborough
M1P 2W6 (Kennedy & Ellesmere)

WORLD SPIRITUAL ASTROLOGER & PSYCHIC Pandit: SAI KUMAR

RIGHT DIRECTION, BRIGHT FUTURE
100% GUARANTEE, QUICK RESULTS
I can Handle any Problem
Business, Love, Education, Marriage, Husband-Wife, Family, Depression, Jealousy, Health, Court, Enemy Etc
REMOVES BLACK MAGIC, BAD LUCK, OBEYA & EVIL SPIRITS AND GIVES IMMEDIATE PROTECTION

647-409-7528, 647-655-2227
2310 Keele Street, Toronto, M6M 3Z8, Inside Variety Store, OPP SHELL Gas (KEELE & LAWRENCE)

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
You would be the first to admit there have been times when you worked far too hard. Now your priority must be to respect your limits.

♉ Taurus
April 21 - May 21
You were born with some remarkable talents but have you been making the most of them? You could have done more but you will always get another chance.

♊ Gemini
May 22 - June 21
Don't keep your feelings bottled up inside you. Let them out so they can be dealt with.

♋ Cancer
June 22 - July 23
Activity in the communications area of your chart will make it easy for you to find the right words — but will you use them the right way?

♌ Leo
July 24 - Aug. 23
You need to cut through the fog of misinformation and get to the root of whatever problem it is that is bothering you. Most likely you will find it is no problem at all.

♍ Virgo
Aug. 24 - Sept. 23
The Sun and Mercury in your sign will concentrate your mind and help you focus on what is truly important. But attitude is important too.

♎ Libra
Sept. 24 - Oct. 23
You need to make a decision of some kind and it is the kind of decision you have to reach on your own. Not everyone will approve but that's irrelevant.

♏ Scorpio
Oct. 24 - Nov. 22
Try to find common ground with a group of people you have not always seen eye-to-eye with in the past. You actually share many things in common.

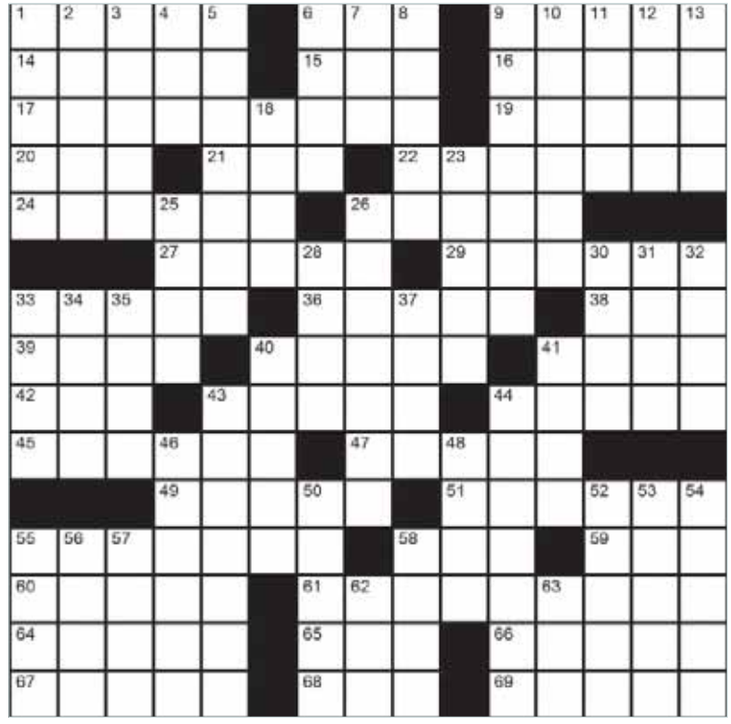
♐ Sagittarius
Nov. 23 - Dec. 21
The Sun in the career area of your chart will boost your professional standing in some way over the next few weeks. If a new job offer comes along you must give it consideration.

♑ Capricorn
Dec. 22 - Jan. 20
Do you have the courage to take a different course between now and the end of the year? According to the planets there will be rewards aplenty if you do.

♒ Aquarius
Jan. 21 - Feb. 19
Cosmic activity in the area of your chart that governs joint financial matters indicates that you could be on the receiving end of a windfall over the next few days.

♓ Pisces
Feb. 20 - March 20
Let family and friends know how much you care for them. You will find it easy to say the things that bring smiles to their faces.

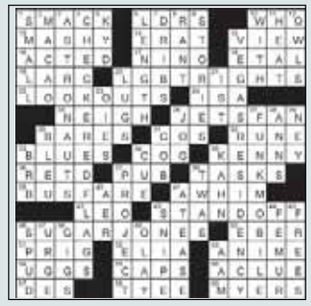
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Sheathes, as with metal
6. Floor cleaner
9. "Hart of Dixie" American cable channel, ___ _ _
14. RR = __ Route
15. _ __ vapeur (Steamed, restaurant-style)
16. __/Grindstone Provincial Park, in Manitoba
17. ALS __ __ Challenge
19. Entree enjoyer
20. Victorian __
21. Muck
22. Cafe's cousin
24. Vancouver: Emily Carr University of Art + __
26. Lively rhythms
27. Movie dog
29. Mount __ (Antarctica volcano)
33. "The Facts of Life" character
36. Toronto band, Death From __ 1979
38. Mountain extract
39. Also-__
40. Skyfall singer
41. __ Park, in Hamilton
42. Army __
43. Got word
44. Dessert apple's status
45. __ the Gopher, Saskatchewan Roughriders mascot
47. Attempt
49. How canned seafood can be packed: 2 wds.
51. Blink-182 drummer Mr. Barker
55. Detox
58. Comparative suffix
59. "It's _ __ brainer!"
60. Actress Christina
61. Ryan Reynolds 2002 National Lampoon title role: 2 wds.
64. Put one's __ __ (Meddle)
65. "C'__ la vie!"
66. Overwork
67. Squeezed, as the wet rag
68. Pi's follower
69. Grimes

Down
1. Wept
2. Ill-gotten money
3. Domains
4. Smidgen
5. Homeruns getter
6. Kind of shark
7. Certain cheer!
8. "Because the Night" songstress Ms. Smith
9. National __ School of Canada, in Montreal
10. Sad procession transport
11. __-1, "Ghostbusters" (1984) vehicle
12. Liz Taylor role in '63
13. Hot
18. Hartford, __.
23. Student: French
25. Nile wader
26. Justin Trudeau's party
28. Will Smith's wife
30. Wild pig
31. Encourage
32. "The Bad __" (1956)
33. Be boastful
34. Ms. Turner
35. __-inflammatory
37. Alberta town
40. Bubbly bars
41. Spanish painter
43. Canadian magician, Doug __ (b.1947 - d.2000)
44. Canadian Literature: Alice Munro's __ Away
46. B-vitamin family member
48. Goulash
50. Drake's "Best _ __ Had"
52. Darth of Sci-Fi
53. Sluggish
54. Varieties
55. Boast
56. Prevaricator
57. Neutral tone
58. Call __ question
62. Grey hue
63. Nero's 61

Friday's Crossword



Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	6			5		1	4	
	1			6	8		9	
	2	8	9			6		
2	7			4				
8	5		3		9		2	7
				2			5	6
		2			3	9	6	
	8		2	7			3	
	3	5		9			8	

Friday's Sudoku

Are you disappointed meeting Many Psychics & Astrologers ?
Meet Indian Spiritualist
BABUJI MAHARAJ
Removes Any kind of Black Magic in 24 HOURS
Solutions: Jadoo, Voodoo, Obeya & Gives solutions for Family, Depression, Kids, Money,Job etc
HE CAN CLEAR ANY PROBLEM
416-930-6847
27 Dundas St. E. Near CIBC bank Inside Vijaya Silk, Mississauga

Psychic & Astrologer
Pandit: AMARNATH
Solves Problems related to Love, Children, Business, Job, Money Health, Family, Depression, Etc
Experienced Astrologers Treats Black Magic,Voodoo, Jadoo, Evil Spirits,Obeya & Bad Luck & Gives Immediate Protection
100% Guaranteed Results
647-761-0813
3069 Hurontario St, Mississauga
Upstair Bahar Jeweller, Hwy 10 & Dundas

hansa College Canada
Hansa College Canada
Full-time TESL program — September 15, 2014
Foreign language programs — October 7, 2014.
ENGLISH, FRENCH, GERMAN, SPANISH, PORTUGUESE, ITALIAN, RUSSIAN, MANDARIN, KOREAN, JAPANESE & ARABIC
2160 Yonge Street (Yonge & Eglinton)
416.485.1410 · www.hansacanada.com

FLIGHT CENTRE
The Airfare Experts
1 877 923 2248
flightcentre.ca
Receive a FREE* activity or inter-island flight when you book your Hawaiian vacation!
For full details visit, www.flightcentre.ca/aloha-hawaii
*Conditions apply. For full terms and conditions, please speak with your Flight Centre consultant or visit flightcentre.ca/aloha-hawaii. Head office address: 1 Dundas St W Suite 200, Toronto, ON. ONT. REG #4671384
tico.ca

THE GOOD TO GROW
HIGH INTEREST SAVINGS ACCOUNT

No fees to access your money.
No minimums.
No limited time offers.
Just a rate that's better than the banks.

Open an account online in minutes
nofineprint.ca

Meridian	1.75%
RBC	1.05%
BMO	1.05%
Scotiabank	1.05%
CIBC	1.05%
TD	1.05%
Tangerine	1.30%
PC Financial	1.30%

Posted rates as of August 25, 2014

Meridian™

™Trademarks of Meridian Credit Union Limited. 07/2014.